



OPTIMAL DIM 200mg

+ Cruciferous Vegetable Blend

+ Sunflower Lecithin & Black Pepper
Proprietary Absorption Complex*

+ Supports Healthy Hormone Balance*

+ All Vegan



DIETARY SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount Per Serving	% DV
Diindolylmethane (DIM)	200 mg	**
Proprietary Blend	190 mg	**
Broccoli Sprout†, Brussels Sprout (Whole Plant)†, Kale Leaf†, Cauliflower Head†, Garlic Bulb†, Lemongrass (Whole Plant)†		
Proprietary Absorption Complex	25 mg	**
Sunflower Lecithin, BioPerine® (Black Pepper Fruit Extract)		

** Daily Value (DV) not established. †Organic ingredient.

Other Ingredients: DRcaps® "Acid-Resistant Capsule"
(Hypromellose Capsule)

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SUGGESTED USE: Take 1 capsule 1-2 times daily.

CAUTION: Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or taking prescription medication should consult a physician before taking this or any dietary supplement.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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NO GMOs, Preservatives, Soy, Dairy, Sugar, Gluten, Shellfish, Nuts, Wheat, Artificial Colors Egg, Fish, Tree Nut or Sesame Seed Ingredients

DRcaps®

BIOPERINE®



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Optimal DIM Supplement 2... DRcaps - 2 Month Supply
New

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