

DIRECTIONS: Take once daily, mix one scoop (39 grams) of One Step® powder into 8 fluid ounces of chilled water or juice. Shake or blend vigorously for 10-15 seconds.

Sold only for dispensing by a licensed health care professional.

Pregnant and/or lactating women should consult their physician prior to use.

NOTICE: THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A HEALTH CARE PROFESSIONAL. DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION. TAMPER RESISTANT. DO NOT USE IF SAFETY SEAL OVER CAP IS BROKEN OR MISSING.

One serving of ONE STEP provides 11 grams of protein. Contents sold by weight, not volume. Some settling may occur during shipping and handling.

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†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Progressive Laboratories manufactured this product in its 3rd party GMP-inspected facility. (Good Manufacturing Practices)

Rev. J0720 Reorder No. 901



PROGRESSIVE PROFESSIONAL®

From Progressive Laboratories

ONE STEP® CHOCOLATE FLAVOR

Total Body Cleanse
Antioxidant Vitamins A, C and E
Immune Support • Intestinal Health†

DIETARY SUPPLEMENT

NET WT 41.3 OZ (1170 G)

Supplement Facts

Servings Size: 1 Level Scoop (Approx. 39 grams)
Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	130	Iodine (from kelp)	38 mcg 76%
Calories from Fat	25	Magnesium (as TRAACS® magnesium bisglycinate chelate)	100 mg 20%
Total Fat	2.5 g 4%*	Zinc (as TRAACS® zinc bisglycinate chelate)	8 mg 16%
Saturated Fat	0.5 g 3%*	Selenium (as seleno-L-methionine)	40 mcg 5%
Total Carbohydrate	20 g 7%*	Copper (as copper amino acid chelate)	2 mg 100%
Dietary Fiber	7 g 28%*	Manganese (as manganese sulfate)	6 mg 300%
Sugars	1 g †	Chromium (as TRAACS® chromium nicotinate glycinate chelate)	100 mcg 80%
Protein	11 g 22%*	Molybdenum (as TRAACS® molybdenum glycinate chelate)	13 mcg 17%
Vitamin A (as beta carotene and retinyl palmitate)	5000 IU 100%	Ultralec® (lecithin)	1000 mg †
Vitamin C (from ascorbic acid and calcium ascorbate)	100 mg 167%	Glucosamine HCl	750 mg †
Vitamin D (cholecalciferol)	200 IU 50%	Prickly Pear (leaf)	750 mg †
Vitamin E (d-alpha tocopheryl succinate)	70 IU 233%	Betaine HCl	250 mg †
Vitamin K (phytonadione)	40 mcg 50%	MSM (methyl sulfonyl methane)	250 mg †
Thiamine (B-1)(from thiamine mononitrate)	3 mg 200%	Beta 1,3 Glucans	175 mg †
Riboflavin (B-2)	3 mg 176%	L-Cysteine HCl	170 mg †
Niacinamide (B-3)	13 mg 65%	Inulin (fructo-oligosaccharides)	150 mg †
Vitamin B-6 (pyridoxine HCl and pyridoxal-5'-phosphate)	30 mg 1500%	Gamma Oryzanol	125 mg †
Folate (folic acid)	400 mcg 100%	L-Glutamine	100 mg †
Vitamin B-12 (cyanocobalamin)	250 mcg 4168%	L-Ornithine HCl	100 mg †
Biotin	150 mcg 50%	L-Taurine	75 mg †
Pantothenic Acid (B-5)	23 mg 230%	Stevia Leaf Extract	75 mg †
Calcium (as TRAACS® calcium bisglycinate chelate)	100 mg 10%	Garcinia (Garcinia cambogia) fruit rind extract (Super CitriMax®)	75 mg †

Other ingredients: rice bran, xylitol, natural chocolate and other natural flavors, guar gum, sodium carboxymethylcellulose, xanthan gum. Contains milk, soy and crustacean shell fish (crab and shrimp).

Amount Per Serving	% Daily Value
Borage Seed Oil	75 mg†
Hesperidin (from sweet orange peel extract)	50 mg†
Aloe Isolate	50 mg†
Inositol	25 mg†
Calcium Pyruvate	25 mg†
Eleuthero Root Extract	25 mg†
Betatene® (lycopene and other natural mixed carotenoids)	25 mg†
Alpha Lipoic Acid	25 mg†
Guggul Resin Extract	13 mg†
L-Glutathione Reduced	10 mg†
Quercetin	10 mg†
Phosphatidyl Serine	5 mg†
Ginkgo Leaf Extract	5 mg†
Grape Seed Extract	5 mg†
Grape Skin Extract	2 mg†
Bioperine® (black pepper extract)	2 mg†
Mixed Tocotrienols/Tocopherols	1 mg†
Coenzyme Q10	1 mg†
Oligopin® French Maritime Pine Bark Extract, 67% procyanidins	400 mcg†
Lutein (from LuteMax™ 2020 and Zeaxanthin powder)	250 mcg†
Boron (as boron aspartate)	