

wellbel

women

**HAIR
+ SKIN
+ NAILS**

Beauty + Wellness. Backed by Science.

DIETARY SUPPLEMENT

3

A DAY

VEGAN | GLUTEN FREE | NON-GMO

~~90~~ CAPSULES

Supplement Facts

Serving Size: 3 Vegan Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate)	1,500 mcg	167%
Vitamin D (as cholecalciferol) (Vitashine®)	25 mcg (1,000 IU)	125%
Folate (as calcium L-5-methyltetrahydrofolate)	667 mcg DFE	167%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Biotin	500 mcg	1,667%
Selenium (as selenium glycinate complex)	25 mcg	45%
Proprietary Blend:	1,305 mg	*
Methylsulfonmethane (MSM), Horsetail powder (aerial parts), Saw palmetto fruit extract (45% fatty acids), Stinging nettle leaf, PABA (para-aminobenzoic acid), Betaine HCl		

*Daily Value (DV) not established