

1 PUMP⁺ 2 ENERGY⁺ 3 STRENGTH⁺

ADVANCED BENEFITS OF RYSE UP PRE-WORKOUT™



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fuel your greatness

RYSE UP
SUPPLEMENTS

RYSE

PRE-WORKOUT

CLINICALLY DOSED[†] | INTENSE[†] | COMPLIANT[†]

HIGH STIM / FULL TRANSPARENCY LABEL

BAJA BURST

NATURAL AND ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT // NET WT. 310G (10.9OZ)



PROJECT: BLACKOUT

25 SERVINGS



Supplement Facts

Serving Size: 1 Scoop (12.4g)
Servings Per Container: 25

Amount Per Serving
Calories **10**

		%DV*
Carbohydrates	2g	1%
Choline	610mg	110%
Calcium	90mg	6%
Phosphorus	50mg	4%
Sodium	310mg	13%
Potassium	80mg	2%
Beta-Alanine	3,200mg	**
Choline Bitartrate (as VitaCholine®)	1,500mg	**
Betaine Anhydrous	1,500mg	**
Betaine Nitrate (as NO3-T®)	1,000mg	**
Sodium Nitrate (as NO3-T®)	500mg	**
Calcium Potassium Phosphate Citrate (as Calci-K®)	500mg	**
Caffeine Anhydrous	370mg	**
Theobromine	200mg	**
Sustained-Release Caffeine (std. min. 60% caffeine)(as VitaShure® Caffeine SR)	46mg	**
Huperzia Serrata Extract (std. min. 1% Huperzine A)(club moss)	10mg	**

*%DV Daily Value based on a 2,000 calorie diet.

**Daily Value not established

Other Ingredients: Malic Acid, Natural and Artificial Flavor, Sodium Bicarbonate, Silica, Sodium Gluconate, Sucralose, Acesulfame Potassium

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RYSE UP™ ENERGY GUIDE



SUGGESTED USE: MIX 1 SCOOP WITH 10-12 OZ. OF WATER & CONSUME 15-30 MIN PRIOR TO EXERCISE. VARY AMOUNT OF LIQUID TO TASTE. **DO NOT EXCEED ONE SERVING PER DAY.**

BEGINNERS: TAKE 1/2 SCOOP TO ASSESS TOLERANCE.



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MADE IN THE USA

WITH COMPONENTS OF DOMESTIC AND INTERNATIONAL ORIGIN

WARNING: RYSE UP™ PRODUCTS ARE INTENDED ONLY FOR HEALTHY ADULTS OVER THE AGE OF 18. DO NOT USE IF YOU ARE CURRENTLY PREGNANT OR NURSING, COULD BE PREGNANT, OR ARE ATTEMPTING TO BECOME PREGNANT. CONSULT A LICENSED HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. DISCONTINUE USE AND CONTACT A DOCTOR IMMEDIATELY IF YOU EXPERIENCE AN IRREGULAR OR RAPID HEART BEAT, CHEST PAIN, SHORTNESS OF BREATH, DIZZINESS, LIGHTEADEDNESS, FAINTING OR PRESYNCOPE, TREMORS, HEADACHE, NAUSEA, OR OTHER SIMILAR SYMPTOMS. IF YOU ARE A PERFORMANCE ATHLETE, PLEASE CHECK WITH YOUR SANCTIONING BODY PRIOR TO USE TO ENSURE COMPLIANCE.

MANUFACTURED EXCLUSIVELY FOR: RYSE UP SPORTS NUTRITION, LLC, 6644 ALL STARS AVE #140, FRISCO, TX 75033