

1 PUMP[†] 2 ENERGY[†] 3 STRENGTH[†]

ADVANCED BENEFITS OF RYSE UP LOADED PRE[†]

f d i @RYSE_SUPPS

WWW.RYSESUPPS.COM

1-855-RYSEUP1 (797-3871) // INFO@RYSESUPPS.COM // WWW.RYSESUPPS.COM

help you reach your fitness goals



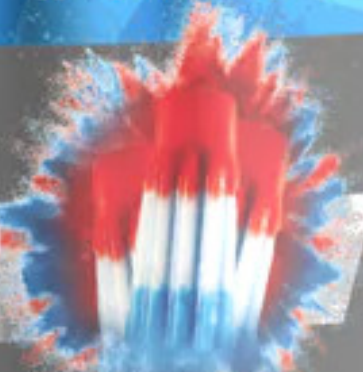
RYSE

[HIGH STIM PRE-WORKOUT]

LOADED PRE

FREEDOM ROCKS™

NATURAL AND ARTIFICIAL FLAVOR



DIETARY SUPPLEMENT // NET WT. 438 G (15.45 OZ.)

SERVINGS / 30

Supplement Facts

Serving Size: 1 Scoop (14.6g)
Servings Per Container: 30

	Amount Per Serving	% DV
Total Carbohydrates	<1g	<1%*
Choline (from choline bitartrate)(as VitaCholine®)	200mg	35%
Sodium	140mg	6%
Potassium	130mg	2%
L-Citrulline	4,500mg	**
Beta Alanine	3,500mg	**
Caffeine Anhydrous	300mg	**
Delayed Release Caffeine Microspheres (std. min. 75% caffeine) (as ZumXR®)	120mg	**
Theobromine	100mg	**
L-Theanine	50mg	**
Vincamine (as Thinkamine™)	10mg	**

*Daily Values Based on a 2,000 calorie Diet
**Percent Daily Values (DV) Not Established

Other Ingredients: Malic Acid, Sodium Bicarbonate, Silica, Potassium Bicarbonate, Sucralose, Calcium Silicate, Natural and Artificial Flavor, Edible Glitter, Acesulfame Potassium

WARNING: RYSE UP™ PRODUCTS ARE INTENDED ONLY FOR HEALTHY ADULTS OVER THE AGE OF 18. DO NOT USE IF YOU ARE CURRENTLY PREGNANT OR NURSING, COULD BE PREGNANT, OR ARE ATTEMPTING TO BECOME PREGNANT. CONSULT A LICENSED HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. DISCONTINUE USE AND CONTACT A DOCTOR IMMEDIATELY IF YOU EXPERIENCE AN IRREGULAR OR RAPID HEART BEAT, CHEST PAIN, SHORTNESS OF BREATH, DIZZINESS, LIGHTEADEDNESS, FANTING OR PRESYNCOPE, TREMORS, HEADACHE, NAUSEA, OR OTHER SIMILAR SYMPTOMS. IF YOU ARE A PERFORMANCE ATHLETE, PLEASE CHECK WITH YOUR SANCTIONING BODY PRIOR TO USE TO ENSURE COMPLIANCE.

MANUFACTURED EXCLUSIVELY FOR: RYSE UP SPORTS NUTRITION, LLC, 916 S LOCUST ST, DENTON, TX 76201

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RYSE UP™ ENERGY GUIDE

390MG CAFFEINE
PER SCOOP

4.5G L-CITRULLINE
PER SCOOP

3.5G BETA ALANINE
PER SCOOP

SUGGESTED USE: MIX 1 SCOOP WITH 10-12 OZ.
(300-400ML) OF WATER & CONSUME 15-30 MIN. PRIOR
TO EXERCISE. DO NOT EXCEED ONE SERVING PER DAY.

BEGINNERS: TAKE 1/2 SCOOP TO ASSESS TOLERANCE

VITACHOLINE® IS A REGISTERED TRADEMARK OF BALCHEM BLENTP
IS A REGISTERED TRADEMARK OF FUTURECEUTICALS. ZUMXR® IS A
REGISTERED TRADEMARK OF ZUMKR.



FOR BATCH NUMBER AND USE BY DATE, SEE CONTAINER