



**Sierra Fit**

**Suggested Use:** Adults take 3 capsules daily (men) or 2 capsules daily (women) before bed, or as directed by your qualified healthcare professional.

**Formulated Without: GMOs and Gluten**

**Warnings: Keep out of reach of children.** Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Sierra Fit**

DIETARY SUPPLEMENT

**ZINC, MAGNESIUM & VITAMIN B6**

SUPPORTS MUSCLE STRENGTH AND RECOVERY\*

90 VEGGIE CAPSULES

**Supplement Facts**

Serving Size 3 Capsules (Men), 2 Capsules (Women)  
Servings Per Container 30 (Men), 45 (Women)

	Amount per Serving (Men)	% Daily Value (Men)	Amount per Serving (Women)	% Daily Value (Women)
Vitamin B6 (as Pyridoxine HCl)	10.5 mg	618%	7 mg	412%
Magnesium (as Magnesium Citrate and Magnesium Oxide)	450 mg	107%	300 mg	71%
Zinc (as Zinc Aspartate and Zinc Mono-L-Methionine)	30 mg	273%	20 mg	182%

**Other Ingredients:** Modified Cellulose (Veggie Capsule), Microcrystalline Cellulose, Acacia Gum, Stearic Acid, and Magnesium Stearate.

*Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.*

Sierra Fit® is a registered trademark of Madre Labs, LLC

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