

Directions: Mix 1 scoop (3.3 grams*) into 8 to 12 ounces of water. Best when used with a blender bottle.

Formulated Without: Gluten, GMOs or Soy

*3.3 grams per scoop is an average. Individual scooping technique may yield slightly less than or slightly more than 3.3 grams.

Warnings: Keep out of reach of children. Consult a medical doctor before taking this supplement, starting a diet, an exercise program, or if you have a medical condition. Do not use if you are pregnant or nursing.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

THIS PRODUCT IS PACKAGED AND SOLD BY WEIGHT, NOT BY VOLUME. SETTLING OF CONTENTS OCCURS OVER TIME.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



DIETARY SUPPLEMENT

ELECTROLYTE POWDER

HYDRATE AND REPLENISH*

LEMONADE
NATURALLY FLAVORED

NET WT 10.48 OZ (297 G)

Supplement Facts

Serving Size 1 scoop (3.3 grams*)

Servings Per Container 90

Amount Per Serving	% Daily Value
Calories	5
Vitamin C (as Calcium Ascorbate)	100 mg 111%
Calcium (as Tricalcium Citrate and Calcium Ascorbate)	65 mg 5%
Phosphorus (as Potassium Phosphate)	70 mg 6%
Magnesium (as Magnesium Citrate)	100 mg 24%
Zinc (as Zinc Citrate)	1 mg 9%
Selenium (as Selenium Chelate)	1 mcg 2%
Copper (as Copper Citrate)	0.2 mg 22%
Manganese (as Manganese Citrate)	0.2 mg 9%
Chromium (as Chromium Polynicotinate)	5 mcg 14%
Molybdenum (as Molybdenum Glycinate)	4 mcg 9%
Chloride (as Sodium Chloride)	85 mg 4%
Sodium (as Sodium Chloride)	55 mg 2%
Potassium (as Potassium Phosphate and Tripotassium Citrate)	250 mg 5%

Other Ingredients: Citric Acid, Natural Flavors, Organic Stevia Leaf Extract (as Rebaudioside A), Turmeric Oleoresin (for Color), and Monk Fruit Extract.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

Sierra Fit® is a registered trademark of Madre Labs, LLC

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