## **ORGANIC MCT OIL**

Our Groovy Bee® Organic MCT Oil, derived from coconuts, is a great source of essential, or "good," fat. Completely free of GMOs, this oil has amazing antioxidant properties and helps boost energy levels. Delivering more MCT than coconut oil, our MCT Oil is popularly used as an ingredient in everyday recipes.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

If pregnant or under a doctor's care, consult your physician before using this product. Do not use if the safety seal is broken. Keep out of reach of children.

Manufactured in a facility which may contain nuts (peanuts, tree nuts).

DISTRIBUTED BY:
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Certified Organic by Natural Food Certifiers, Inc.













16 fl. oz (473 ml)

Ingredients: Organic MCT Oil

## Supplement Facts

31 servings per container

Serving size 15ml (1tbsp)

Amount per serving % Daily Value\*

## **Calories**

130

Total Fat 14g	18%
Saturated Fat 13g	65%
Trans Fat 0g	t
Polyunsaturated Fat 0mg	t
Monounsaturated Fat 0mg	t
Cholesterol 0mg	0%
Sodium 0mg	0%
Medium Chain Triglycerides 14g	t
C8:0 Caprylic Acid 8g	t
C10:0 Capric Acid 5g	t

† Daily Value not established

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

