

Reminiscent of times gone by, Nectar® Naturals conjures images in which man and nature reside in harmony. Toiling in the field with one's own hands, cooking from scratch in the kitchen, picking and eating fruit fresh from the tree. Nectar® Naturals is the obvious, evolutionary progression of our flagship product Nectar®. Containing no artificial sweeteners, colors or flavors, Nectar® Naturals is designed for those who want only the highest-quality ingredients. Nectar® Naturals . . . from nature . . . bringing you back to nature.

To ensure that Nectar® Naturals tastes every bit as good as regular Nectar®, we reformulated and drastically improved its sweetening system. No longer is there a slight, strange aftertaste that is typical of natural sweeteners, such as stevia. Working tirelessly over the past several years, we developed a proprietary, all-natural sweetening system that equals the sweetness and tastiness of real sugar. What is missing? Only the negative health effects associated with sugar's consumption. Nectar® Naturals is now so perfect and delicious that it is available in six amazing flavors . . . Natural Fruit Punch, Natural Orange, Natural Peach, Natural Chocolate, Natural Strawberry Cream and Natural Vanilla.

**SUGGESTED USE:** Vigorously mix 2 oz of water or milk per serving (1/4 scoop) of Nectar® Naturals for 30–60 seconds. One full scoop, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8 oz of water or milk. Note the extra calories when combined with milk. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar® Naturals mixes instantly with a spoon and tastes great . . . GUARANTEED!

Notice: Use this product as a food supplement only. Do not use for weight reduction.



**Manufactured for:**  
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SYNTRAX®

**nectar**  
*naturals*  
 WHEY PROTEIN ISOLATE



Mixes Instantly  
 Zero Sugar; Zero Fat  
 Delicious, Gourmet Sweet Flavor  
 All-Natural Formula  
 Lactose & Gluten Free



**NATURAL VANILLA**

**Net Weight: 32.0 oz (2.00 lb) (907 g)**

## Nutrition Facts

Serving Size: 1/4 Scoop (7g)  
 Servings Per Container: 130

| Amount Per Serving                                                                                                                  |           |                |         |
|-------------------------------------------------------------------------------------------------------------------------------------|-----------|----------------|---------|
| <b>Calories</b>                                                                                                                     | 25        |                |         |
| Calories from Fat                                                                                                                   | 0         |                |         |
|                                                                                                                                     |           | % Daily Value* |         |
| <b>Total Fat</b>                                                                                                                    | 0g        |                | 0%*     |
| Saturated Fat                                                                                                                       | 0g        |                | 0%*     |
| Trans Fat                                                                                                                           | 0g        |                |         |
| <b>Cholesterol</b>                                                                                                                  | 0mg       |                | 0%*     |
| <b>Sodium</b>                                                                                                                       | 30mg      |                | 1%*     |
| <b>Potassium</b>                                                                                                                    | 40mg      |                | 1%*     |
| <b>Total Carbohydrate</b>                                                                                                           | 0g        |                | 0%*     |
| Dietary Fiber                                                                                                                       | 0g        |                | 0%*     |
| Sugars                                                                                                                              | 0g        |                |         |
| <b>Protein</b> (23g per scoop)                                                                                                      | 6g        |                | 12%*    |
| Vitamin A                                                                                                                           | 0%        | Vitamin C      | 0%      |
| Calcium                                                                                                                             | 2%        | Iron           | 0%      |
| Phosphorus                                                                                                                          | 2%        | Magnesium      | 0%      |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: |           |                |         |
|                                                                                                                                     | Calories: | 2,000          | 2,500   |
| Total Fat                                                                                                                           | Less than | 65g            | 80g     |
| Sat Fat                                                                                                                             | Less than | 20g            | 25g     |
| Cholesterol                                                                                                                         | Less than | 300mg          | 300mg   |
| Sodium                                                                                                                              | Less than | 2,400mg        | 2,400mg |
| Potassium                                                                                                                           |           | 3,500mg        | 3,500mg |
| Total Carbohydrate                                                                                                                  |           | 300g           | 375g    |
| Dietary Fiber                                                                                                                       |           | 25g            | 30g     |
| Protein                                                                                                                             |           | 50g            | 65g     |
| <b>Calories per gram:</b>                                                                                                           |           |                |         |
| Fat                                                                                                                                 | 9         | Carbohydrate   | 4       |
|                                                                                                                                     |           | Protein        | 4       |

**INGREDIENTS:** Whey protein isolate (milk)\*, natural flavors, enzymatic stevia extract, lecithin (soy), salt, monk fruit concentrate.

\* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.

## Important Amino Acids Per 100 Grams Of Protein

|                |       |
|----------------|-------|
| Arginine•      | 2.4g  |
| Glutamine•     | 7.4g  |
| Histidine*     | 1.7g  |
| Isoleucine‡*   | 6.7g  |
| Leucine‡*      | 11.9g |
| Lysine*        | 9.7g  |
| Methionine*    | 2.0g  |
| Phenylalanine* | 3.3g  |
| Threonine*     | 7.2g  |
| Tryptophan*    | 2.1g  |
| Valine‡*       | 6.2g  |

\* Essential Amino Acids  
 ‡ Branched-Chain Amino Acids  
 • Important Nonessential Amino Acids

One Scoop  
 of Nectar®  
 Naturals  
 Contains:

**Protein** 23g | **Fat** 0g | **Sugar** 0g

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.