

## STORE IN A COOL, DRY PLACE.

**Recommendations:** As a dietary supplement, take 1 capsule 30–60 minutes before bedtime.

**Warning:** Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

**Keep out of the reach of children.**



Scan to learn about our  
hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling.

Please rely on stated quantity.



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the Gluten-Free  
Certification  
Organization,  
[www.gluten.org](http://www.gluten.org)



# Melatonin-SR

*Supports the body's natural  
sleep cycle\**

Gluten-free, Non-GMO  
& Hypoallergenic  
Dietary Supplement

30 CAPSULES

## Supplement Facts

Serving size 1 capsule  
Servings per container 30

	Amount Per Serving	%DV
Melatonin (as MicroActive® melatonin sustained-release complex)	3 mg	*

\* Daily value (DV) not established

Other ingredients: microcrystalline cellulose, vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), hydroxypropyl methyl cellulose, sodium alginate, carnauba wax

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**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**  
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v2  
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