

**Nutritional Support for
Free-Radical Defense, Natural Energy
Production and Overall Well-Being.***

Source of Life® GOLD is the world's most exciting whole food-based multivitamin, mineral and enzyme-rich whole food supplement. In fact, it is the gold standard in natural supplementation. **Source of Life GOLD** nutritionally supports total body health and vitality with even more of the revitalizing nutrients that have made Source of Life synonymous with the **Guaranteed Burst of Energy®**!

Mouthwatering tropical fruit-flavored **Source of Life GOLD** Liquid features:

- Essential vitamins and minerals
- Anti-aging, antioxidant powerhouses açai, trans-resveratrol, MSM and CoQ10*
- **Organic Gold Standard Whole Food Complex** (guava, holy basil, lemon, acerola fruit) (standardized B complex)
- **Whole Food PhytoAlgae and Organic Mushroom Blend:** Nutrient-dense oceanic superfoods and certified organic blend of mushrooms, including all major types
- 1000 IU vitamin D3 and 100 mcg vitamin K2
- **Full Spectrum Probiotic Complex** with FOS, apple pectin, modified citrus pectin and flax to promote probiotic and GI health*
- Colorful fruits and vegetables

Convenient Drip-Proof Bottle

Free from artificial colors, artificial sweeteners and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

DIRECTIONS: SHAKE WELL. As a dietary supplement, take two tablespoons or one capful (about 30 mL) once daily. Tastes great straight from the bottle, or mix it with your favorite beverage.

KEEP TIGHTLY CLOSED. REFRIGERATE AFTER OPENING. KEEP OUT OF REACH OF CHILDREN.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Recharge Your Life – Step Up To The Gold!

NaturesPlus®

**The Ultimate Multivitamin
Supplement with
Concentrated Whole Foods**

**Source of Life®
GOLD
Liquid**

**Guaranteed
Burst of Energy®**

**With Açai, Resveratrol, Vit. D3, Vit. K2,
CoQ10 and Over 115 Whole Foods!**

**Delicious Tropical Fruit
flavored with other natural flavors**

**Vegetarian
30 FL OZ (887.10 mL)**

**GLUTEN
Free**

**ANTIOXIDANT
ORAC
VALUE
1250
NUTRITION**

Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 mL)

Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	40	
Total Carbohydrate	11 g	4%**
Dietary Fiber	<1 g	2%**
Total Sugars	5 g	10%**
Includes 4 g Added Sugars		8%**
Vitamin A (as palmitate from spirulina and Dunaliella salina; beta carotene)	3000 mcg RAE (10,000 IU)	333%
Vitamin D3 (as vegan cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha tocopheryl acetate)	134 mg (200 IU)	802%
Vitamin K2 (as menaquinone-4 and menaquinone-7)	90 mcg	83%
Thiamin (vitamin B1) (as thiamine mononitrate, naturally occurring from Organic Gold Standard®)	11 mg	917%
Riboflavin (vitamin B2) (riboflavin, naturally occurring from Organic Gold Standard®)	26 mg	2000%
Niacin (as niacinamide, naturally occurring from Organic Gold Standard®)	33 mg NE	209%
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard®)	26.1 mg	1535%
Folate (as calcium-L-5-methyltetrahydrofolate, naturally occurring from Organic Gold Standard®)	700 mcg DFE (425 mcg L-methylfolate)	177%
Vitamin B12 (as methylcobalamin)	1000 mcg	41,667%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium pantothenate, naturally occurring from Organic Gold Standard®)	24 mg	480%
Choline (as bitartrate)	13 mg	2%
Calcium (as citrate)	50 mg	4%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as citrate)	25 mg	6%
Zinc (as gluconate)	7.5 mg	68%
Selenium (as whole brown rice amino acid complex)	25 mcg	45%
Copper (from copper chlorophyllin, as whole brown rice amino acid complex)	3 mg	333%
Manganese (as gluconate)	4 mg	174%
Chromium (as picolinate)	20 mcg	57%

Whole Food PhytoAlgae & Organic Mushroom Blend†† – Proprietary complex of chlorophyll (from copper chlorophyllin and spirulina) from concentrate, bladderwrack (*Fucus vesiculosus*), kelp (*Sargassum fusiforme*), wakame (*Ulmaria esculenta*), nori (*Porphyra yezoensis*), kombu (*Laminaria setchellii*), luciolella (*Acicophyllum nodosum*), spirulina algae (*Spirulina platensis*), red seaweed (*Gracilaria tikvahiae*), dulse (*Palmaria palmata*), Irish moss (*Chondrus crispus*), laminaria brown algae (*Laminaria digitata*), mushrooms: wood ear, Cordyceps® (*Bonechi ochroleuca*), maitake, shiitake, oyster mushroom, lion's mane

Multi Color Whole Food Blend†† – 725 mg†
Defense and Repair Yellow Whole Food Blend – Pineapple, flax, mango, carrot, sunflower seed, tangerine, guava, pear, annatto seed, apple cider vinegar, cinnamon, clove, fennel seed, hops, leek, lemongrass, organic leaf, pumpkin seed, rosemary, watercress, grapefruit, honeydew melon

Strength and Endurance White Whole Food Blend – Banana, chia, citrus pectin, date, pinto, sage, kelp, root fiber, açai, horseradish, Phaseolus vulgaris bean, chickpea, lentil, bamboo (*Bambusa vulgaris* stem), potato, white tea, artichoke, turnip, cauliflower, onion, lemon, ginger, garlic, shiitake mushroom

Amount Per Serving

Energy and Cleansing Green Whole Food Blend – Fructooligosaccharides (FOS), spirulina, Korean ginseng root (*Panax ginseng*), papaya, turmeric, beet greens, cabbage, parsley, celery seed, broccoli, spinach, pea, green coffee bean, thyme, rice bran, clove, olive, cucumber, jasper berry, lime, whole brown rice, green tea leaf (decaffeinated)

Brain Support Blue Whole Food Blend – Agave, grape seed extract, purple fig, blackberry, acerola, carrot, hibiscus, kale, prune, rhubarb root, rose hips, lingonberry, black currant, blackberry, elderberry, plum, cherry, passion fruit, beet, pomegranate extract, wolfberry (goji), acai

Anti-Aging Red Whole Food Blend – Lycopene, lemongrass, peach, strawberry, mangosteen, watermelon, orange, apricot, bilberry, black raspberry, rose hip, purple carrot, gooseberry, red raspberry, tomato, cranberry, rose, red wine grape (alcohol free), apple, red grape

††Organic Gold Standard Whole Food Complex – Acerola (*Malpighia glabra*) fruit, guava (*Psidium guajava*), holy basil (*Ocimum tenuiflorum*), lemon, (std. naturally occurring B complex and vitamin C)

Amino Acids (20 essential and non-essential amino acids from spirulina, Whole Food PhytoAlgae, chia and mineral amino acids)

Korean Ginseng Root (*Panax ginseng*) (naturally providing ginsenosides R_a through R_f) and F₁

Inositol

Trans-Resveratrol Complex (from standardized concentrates of Polygonum cuspidatum root, red wine [Vitis vinifera fruit] (alcohol free) and grape seed [Vitis vinifera])

Full Spectrum Probiotic Complex – FOS (fructooligosaccharides), flax, soluble vegetable oligosaccharides, apple pectin, modified citrus pectin

Whole Food Omega Fatty Acid Blend (supplying 13 mg of Omega-3, Omega-6, and other healthy fatty acids) (from flax seed, spirulina, sunflower seed, chia, borage, black currant)

Enzyme-Rich Whole Food Blend – 25 mg†
Pineapple, papaya, beet juice, turmeric, parsley, ginger

Bioflavonoid and Antioxidant Whole Food Blend – Active flavonols, flavanones, flavones & naringin (*Citrus sinensis* fruit), hesperidin (*Citrus sinensis* whole fruit, quercetin and rutin) (from *Diospyros kaki* & *Sophora japonica*)

Coenzyme Q10

Lutein (active carotenoid from marigold flower extract)

Lycopene (active carotenoid from tomato)

†† Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

†† See Multi Color Whole Food Blend

†† For details, visit naturesplus.com.

Other Ingredients: Purified water, fructose, vegetable glycerin, natural flavors, Vitawest® (fruit juice concentrate, agave nectar, low fat pea fruit extract), citric acid, potassium citrate, xanthan gum, **Anti-Aging Blend** (alpha-lipoic acid, R-lipoic acid, glutathione, MSM [methylsulfonylmethane], turmeric [std. curcumin], grape seed [Vitis vinifera] extract [std. proanthocyanidins]), sodium benzoate (preserves freshness), potassium sorbate (preserves freshness), **Trace Mineral Complex** (soluble prebiotic plant-based minerals and rare earth elements), acetylcholine, honey.

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Manufactured with LOVE ♥ by
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