

Super
Nutrition

SimplyOne®

50+ Women

TRIPLE POWER MULTIVITAMINS

IMMUNE
SUPPORT*

ENERGY
PRODUCTION*

75 mcg
VITAMIN D3

IRON FREE

90
TABLETS

DIETARY SUPPLEMENT

Suggested Use: Take 1 tablet daily with food.

Supplement Facts

	Amount Per Serving	% DV
Vitamin A (83% as retinyl palmitate and 17% as beta-carotene)	2100 mcg	233%
Vitamin C (as ascorbic acid)	175 mg	194%
Vitamin D (as D3, cholecalciferol)	75 mcg	375%
Vitamin E (as d-alpha tocopheryl succinate)	66 mg	440%
Vitamin K (as K1, phytonadione)	100 mcg	83%
Thiamin (as thiamine HCl)	45 mg	3750%
Riboflavin	40 mg	3077%
Niacin (as nicotinic acid and niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine HCl)	35 mg	2059%
Folate	1700 mcg DFE	425%
	(1000 mcg Folic Acid)	
Vitamin B12 (as methylcobalamin)	150 mcg	6250%
Biotin (as d-biotin)	325 mcg	1083%
Pantothenic Acid (as d-calcium pantothenate)	35 mg	700%
Choline (as choline bitartrate)	20 mg	4%
Calcium (as calcium carbonate and calcium citrate)	110 mg	8%
Iodine (from kelp)	225 mcg	150%
Magnesium (as magnesium oxide and magnesium glycinate)	60 mg	14%
Zinc (as zinc oxide and zinc citrate)	18 mg	164%
Selenium (as sodium selenite)	225 mcg	409%
Copper (as copper glycinate)	2 mg	222%
Manganese (as manganese sulfate)	8 mg	348%
Chromium (as chromium picolinate)	225 mcg	643%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Calcium Silicate, Magnesium Stearate, Vegetable-Based Coating, and Natural Flavor.

CONTAINS: Soy

Not manufactured with milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture

Serving Size 1 Tablet
Servings Per Container 90

	Amount Per Serving	% DV
Molybdenum (as molybdenum amino acid chelate)	125 mcg	278%
L-Phenylalanine	90 mg	†
Botanical Antioxidant Blend	50 mg	†
Quercetin, Green Tea Leaf Extract, Hawthorn Berry Extract, Glutathione, DMAE, CoQ10, Grape Seed Extract, Pine Bark Extract, Alpha-Lipoic Acid, Panax ginseng Root		
Organic Botanical Blend	50 mg	†
Alfalfa Leaf, Kale Leaf, Spirulina, Rosemary Leaf, Wild Yam Root, Watercress Leaf		
Citrus Bioflavonoids (from lemon fruit)	35 mg	†
Ginkgo biloba Leaf Extract	25 mg	†
Organic Bilberry Leaf (Vaccinium myrtillus)	25 mg	†
Inositol	20 mg	†
Betaine (as betaine HCl)	10 mg	†
L-Tyrosine	10 mg	†
Black Pepper Fruit (Piper nigrum)	5 mg	†
Glutamic Acid (as glutamic acid HCl)	5 mg	†
Hesperidin (from citrus)	5 mg	†
Rutin	5 mg	†
Boron (from boron citrate)	2 mg	†
Lutein	775 mcg	†
Lycopene	775 mcg	†

† Daily Value (DV) not established.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Super Nutrition® is a registered
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