

Super
Nutrition®

SimplyOne®

Prenatal

TRIPLE POWER MULTIVITAMINS



IMMUNE
SUPPORT*

ENERGY
PRODUCTION*

75 mcg
VITAMIN D3

90

TABLETS

DIETARY SUPPLEMENT

Suggested Use: Take 1 tablet daily with food.

Supplement Facts

Amount Per Serving	% DV for Pregnant & Lactating Women	
Vitamin A (83% as retinyl palmitate and 17% as beta-carotene)	2100 mcg	162%
Vitamin C (as ascorbic acid)	150 mg	125%
Vitamin D (as D3, cholecalciferol)	75 mcg	500%
Vitamin E (as d-alpha tocopheryl succinate)	66 mg	347%
Vitamin K (as K1, phytonadione)	80 mcg	89%
Thiamin (as thiamine HCl)	40 mg	2857%
Riboflavin	30 mg	1875%
Niacin (as nicotinic acid and niacinamide)	40 mg	222%
Vitamin B6 (as pyridoxine HCl)	35 mg	1750%
Folate	1700 mcg DFE (1000 mcg Folic Acid)	283%
Vitamin B12 (as methylcobalamin)	150 mcg	5357%
Biotin (as d-biotin)	330 mcg	943%
Pantothenic Acid (as d-calcium pantothenate)	35 mg	500%
Calcium (as calcium carbonate and calcium citrate)	110 mg	8%
Iron (as ferrous carbonyl)	30 mg	111%
Iodine (from kelp)	290 mcg	100%
Magnesium (as magnesium oxide and magnesium glycinate)	60 mg	15%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Choline Bitartrate, Stearic Acid, Calcium Silicate, Magnesium Stearate, Vegetable-Based Coating, and Natural Flavor. **CONTAINS: Soy**

Not manufactured with milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Serving Size 1 Tablet
Servings Per Container 90

Amount Per Serving	% DV for Pregnant & Lactating Women	
Zinc (as zinc oxide and zinc citrate)	32 mg	246%
Selenium (as sodium selenite)	225 mcg	321%
Copper (as copper glycinate)	2 mg	154%
Manganese (as manganese sulfate)	5 mg	192%
Chromium (as chromium picolinate)	225 mcg	500%
Molybdenum (as molybdenum amino acid chelate)	80 mcg	160%
Whole Food & Botanical Blend	50 mg	†
Organic Papaya Fruit, Organic Alfalfa Leaf, Organic Spirulina, Organic Chlorella		
Betaine (as betaine HCl)	25 mg	†
Citrus Bioflavonoids (from lemon fruit)	25 mg	†
Inositol	15 mg	†
Glutamic Acid (as glutamic acid HCl)	5 mg	†
Hesperidin (from citrus)	5 mg	†
Rutin	5 mg	†
Boron (from boron citrate)	2 mg	†

† Daily Value (DV) not established.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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