

Super
Nutrition

SimplyOne®

Prenatal

TRIPLE POWER MULTIVITAMINS



IMMUNE
SUPPORT*

ENERGY
PRODUCTION*

75 mcg
VITAMIN D3

30

TABLETS

DIETARY SUPPLEMENT

Suggested Use: Take 1 tablet daily with food.

Supplement Facts

Amount Per Serving	% DV for Pregnant & Lactating Women
Vitamin A (83% as retinyl palmitate and 17% as beta-carotene).....	2100 mcg 162%
Vitamin C (as ascorbic acid).....	150 mg 125%
Vitamin D (as D3, cholecalciferol).....	75 mcg 500%
Vitamin E (as d-alpha tocopheryl succinate).....	66 mg 347%
Vitamin K (as K1, phytonadione).....	80 mcg 89%
Thiamin (as thiamine HCl).....	40 mg 2857%
Riboflavin.....	30 mg 1875%
Niacin (as nicotinic acid and niacinamide).....	40 mg 222%
Vitamin B6 (as pyridoxine HCl).....	35 mg 1750%
Folate.....	1700 mcg DFE 283%
	(1000 mcg Folic Acid)
Vitamin B12 (as methylcobalamin).....	150 mcg 5357%
Biotin (as d-biotin).....	330 mcg 943%
Pantothenic Acid (as d-calcium pantothenate).....	35 mg 500%
Calcium (as calcium carbonate and calcium citrate).....	110 mg 8%
Iron (as ferrous carbonyl).....	30 mg 111%
Iodine (from kelp).....	290 mcg 100%
Magnesium (as magnesium oxide and magnesium glycinate).....	60 mg 15%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Choline Bitartrate, Stearic Acid, Calcium Silicate, Magnesium Stearate, Vegetable-Based Coating, and Natural Flavor. **CONTAINS: Soy**

Not manufactured with milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Serving Size 1 Tablet
Servings Per Container 30

Amount Per Serving	% DV for Pregnant & Lactating Women
Zinc (as zinc oxide and zinc citrate).....	32 mg 246%
Selenium (as sodium selenite).....	225 mcg 321%
Copper (as copper glycinate).....	2 mg 154%
Manganese (as manganese sulfate).....	5 mg 192%
Chromium (as chromium picolinate).....	225 mcg 500%
Molybdenum (as molybdenum amino acid chelate).....	80 mcg 160%
Whole Food & Botanical Blend.....	50 mg †
Organic Papaya Fruit, Organic Alfalfa Leaf, Organic Spirulina, Organic Chlorella	
Betaine (as betaine HCl).....	25 mg †
Citrus Bioflavonoids (from lemon fruit).....	25 mg †
Inositol.....	15 mg †
Glutamic Acid (as glutamic acid HCl).....	5 mg †
Hesperidin (from citrus).....	5 mg †
Rutin.....	5 mg †
Boron (from boron citrate).....	2 mg †

† Daily Value (DV) not established.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Super Nutrition® is a registered trademark of Madre Labs, LLC

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