

Super Nutrition®

Men's Blend

ANTIOXIDANT RICH MULTIVITAMIN*

ANTIOXIDANTS
A, C & E

HIGH
POTENCY

BOTANICAL
POWER BLEND

IRON FREE

180

TABLETS

DIETARY SUPPLEMENT

Suggested Use: Take 3 tablets, once or twice daily with food.

Supplement Facts

	Amount Per Serving	% DV
Vitamin A (as retinyl palmitate)	750 mcg	83%
Vitamin C (as ascorbic acid)	625 mg	694%
Vitamin D (as D3, cholecalciferol)	38 mcg	190%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg	893%
Thiamin (as thiamine HCl)	37.5 mg	3125%
Riboflavin	35 mg	2692%
Niacin (as nicotinic acid and niacinamide)	82.5 mg	516%
Vitamin B6 (as pyridoxine HCl)	50 mg	2941%
Folate	850 mcg DFE (500 mcg Folic Acid)	213%
Vitamin B12 (as methylcobalamin)	125 mcg	5208%
Biotin (as d-biotin)	330 mcg	1100%
Pantothenic Acid (as d-calcium pantothenate)	90 mg	1800%
Choline (as choline bitartrate)	78.5 mg	14%
Calcium (as calcium carbonate and calcium citrate)	300 mg	23%
Iodine (from kelp)	137.5 mcg	92%
Magnesium (as magnesium oxide and magnesium glycinate)	300 mg	71%
Zinc (as zinc oxide and zinc citrate)	20 mg	182%
Selenium (as sodium selenite)	125 mcg	227%

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Potassium Chloride, Magnesium Stearate, Vegetable-Based Coating, Natural Flavor, and Calcium Silicate.

Contains: Soy

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Natural color variation may occur in this product.

Serving Size 3 Tablets
Servings Per Container 60

	Amount Per Serving	% DV
Copper (as copper glycinate)	2.5 mg	278%
Manganese (as manganese sulfate and manganese citrate)	5 mg	217%
Chromium (as chromium picolinate)	125 mcg	357%
Molybdenum (as molybdenum amino acid chelate)	75 mcg	167%
Men's Whole Food Power Blend	75 mg	†
Organic Alfalfa Leaf, Organic Ashwagandha Root, Organic Chlorella, Organic Epimedium Leaf, Organic Maca Root, Muira Puama Root, <i>Rhodiola rosea</i> Root, Rose Hips, Sarsaparilla Root, Organic <i>Tribulus terrestris</i> Fruit		
Betaine (as betaine HCl)	66 mg	†
Inositol	37.5 mg	†
Glutamic Acid (as glutamic acid HCl)	15 mg	†
Mixed Tocopherols (d-gamma, d-delta, d-alpha, d-beta)	5.5 mg	†
Citrus Bioflavonoids (from lemon fruit)	2.5 mg	†
Hesperidin (from citrus)	2.5 mg	†
Rutin	2.5 mg	†
Boron (from boron citrate)	1.5 mg	†
GLA (gamma-linolenic acid from borage seed oil)	1 mg	†
Vitamin K2 (as menaquinone-7)	90 mcg	†

† Daily Value (DV) not established.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

Super Nutrition® is a registered trademark of Madre Labs, LLC

Manufactured for: Madre Labs, LLC
301 North Lake Ave., Ste. 500
Pasadena, CA 91101
info@SupernutritionUSA.com
www.SupernutritionUSA.com

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