

Take three caplets with a full glass of water, once per day. For best results take with a meal.

Distributed By
Vivid Health Nutrition
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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROVIDES ESSENTIAL NUTRITION



URTHGREENS™

VITAMIN & MINERAL SUPERFOOD SUPPLEMENT

A powerful blend of vitamins, minerals, antioxidants, digestive enzymes, & fibers to help maintain optimal health.*

Natural Energy Boosters

Heart Supporting Nutrition

60

CAPSULES

HIGH POTENCY

DIETARY SUPPLEMENT

Supplement Facts

Inject Size: 1 Capsules
Injects Per Container: 20

	Amount Per Serving	%DV
Vitamin C (as Ascorbic Acid)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin E (as Tocopherol)	2000 IU	500%
Vitamin E (as Tocopherol Acetate)	30 IU	100%
Vitamin B-1 (as Thiamin Mononitrate)	25 mg	1,867%
Vitamin B-2	25 mg	1,471%
Vitamin B-6	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,250%
Vitamin B-12	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	500 mcg	8,333%
Niacin (as Nicotinamide)	1,000 mg	333%
Vitamin K (as d-Calcium Panthothenate)	30 mg	300%
Vitamin K (as Calcium Carbonate)	120 mg	12%
Vitamin K (as Vitamin K)	150 mcg	100%
Vitamin K (as Vitamin K)	60 mg	15%
Vitamin K (as Vitamin K)	15 mg	100%
Vitamin K (as Vitamin K)	25 mcg	36%
Vitamin K (as Vitamin K)	0.5 mg	25%
Vitamin K (as Vitamin K)	2 mg	100%
Vitamin K (as Vitamin K)	100 mcg	83%
Vitamin K (as Vitamin K)	51 mcg	68%
Vitamin K (as Vitamin K)	45 mg	1%
Vitamin K (as Vitamin K)	10 mg	1%
Vitamin K (as Vitamin K)	50 mg	1%
Vitamin K (as Vitamin K)	10 mg	1%
Vitamin K (as Vitamin K)	10 mg	1%
Vitamin K (as Vitamin K)	1 mg	1%
Vitamin K (as Vitamin K)	1 mg	1%
Vitamin K (as Vitamin K)	1 mg	1%
Vitamin K (as Vitamin K)	10 mg	1%

1 mg	**
10 mcg	**

*Daily values are based on a 2,000-calorie diet. **Daily Value (DV) not established.

caution, consult your physician before use.

Amount Per Serving 50%		Amount Per Serving 10%	
Citrus Bio Complex 50 mg ** (Citrus Bioflavonoids Complex (Citrus spp) (peel), Hesperidin Complex (Citrus spp) (peel), Rutin, Quercetin)		Vegetable Blend 100 mg ** (Parsley Powder, Garlic (allium sativum) (bulb), Basil Seed Powder, Carrot Powder, Asparagus Powder, and Seeds of Broccoli, Cabbage, Sprouts, Cauliflower and Kale)	
Digestive Enzyme Blend 50 mg ** (Betaine Hydrochloride, Bromelain (from Pineapple), Papain (Papaya Enzyme), Amylase, Lipase, Cellulase, Protease)		Fruit Blend 100 mg ** (Papaya Fruit Powder, Grapefruit Extract, Apple Powder (Malus pumila) (fruit), Peach (fruit), Strawberry (Fragaria virginiana) (fruit), Acai Extract (Euterpe oleracea) (fruit), Cranberry (Vaccinium macrocarpon) (fruit), Blueberry (Vaccinium corymbosum) (fruit), Elderberry Extract (Vaccinium myrtillus) (fruit), Pomegranate Extract (Punica granatum) (seed), Pineapple (Ananas sativus) (fruit), Orange (Citrus sinensis) (fruit), Nani Powder (Mentha citrifolia) (fruit))	
Probiotic Blend 25 mg ** (B. bifidum, L. bulgaricus, L. acidophilus)		Mushroom Blend 50 mg ** (Shiitake (Lentinus edodes) (fruit), Maitake (Shiitake) (fruit), Reishi (Ganoderma lucidum) (fruit))	
Whole Food Blend 520 mg ** (Spirulina (Spirulina platensis) (plant), Chlorella (Chlorella vulgaris) (plant), Oat Extract (Avena sativa) (aerial), Apple Pectin (fruit), Barley Grass (Hordeum vulgare) (aerial), Sodium Copper Chlorophyllin)		Other Ingredients Vegetable Cellulose, Silica, Coconut Oil, Vegetable Stearic Acid, Coconut Vegetable Stearic Acid, Coconut milk and whey ingredients	
Herb Blend 100 mg ** (Echinacea (Echinacea purpurea) (aerial), Ginger (Zingiber officinale) (root), Milk Thistle (Silybum marianum) (seed), Cayenne (Capsicum spp.) (fruit), Korean Ginseng Extract (Panax ginseng) (root), Ginkgo Biloba Extract (Ginkgo biloba) (leaf), Goldenseal (Hydrastis canadensis) (root))			