

Description: Active Men's Alpha-Multi™ is a high-potency, high-performance men's multivitamin that provides complete nutrition for active men. In addition to being 100% vegan, Active Men's Alpha-Multi™ contains a unique time-release feature in each tablet that delivers nutritional support throughout the day, so that you can maintain optimum nutrient levels and perform at your peak all day long.‡

Suggested Usage: Take two (2) tablets daily at breakfast (or your first meal of the day) with a full glass of water.

Reorder At: **ALPHA·MULTI.com**



For **special offers and discounts** on this and our entire line of high quality supplements, visit **VividHealthNutrition.com**

Keep out of reach of children. If you are pregnant, nursing, taking prescription medication, or have a medical condition, consult your physician before use.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

VIVIDHEALTH™
NUTRITION

ACTIVE MEN'S

ALPHA·MULTI™

- Boost Energy and Metabolism
- Promotes Heart, Prostate, and Sexual Health
- Time-Released Formula
- 100% Vegan & Vegetarian Safe

Dietary Supplement | 60 Tablets

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Vitamin A (Beta Carotene)	5000IU	100%
Vitamin C (Ascorbic Acid)	150mg	250%
Vitamin D (Cholecalciferol)	1000IU	250%
Vitamin E (Alpha Tocopherol)	60IU	200%
Vitamin K (Phytonadione)	75mcg	94%
Vitamin B1 (Thiamine HCl)	30mg	2000%
Vitamin B2 (Riboflavin)	30mg	1764%
Niacin	30mg	150%
Vitamin B6 (Pyridoxine HCl)	30mg	1500%
Folic Acid	400mcg	100%
Vitamin B12 (Cyanocobalamin)	30mcg	500%
Biotin	250mcg	83%
Calcium D-Pantothenate	30mg	300%
Calcium (as Calcium Citrate Malate Complex)	200mg	21%
Iodine (as Potassium Iodide)	150mcg	100%
Magnesium (as Magnesium Oxide)	100mg	26%
Zinc (as Zinc Oxide)	25mg	167%
Selenium (as Selenium Yeast)	100mcg	142%
Copper (as Copper Oxide)	2mg	100%
Manganese (as Manganese Gluconate)	5mg	250%
Chromium (as Chromium Amino Acid Chelate & Chromium Picolinate)	50mcg	42%

Active Men's Alpha Complex: 510.85mg *

Damiana Leaf (Turnera Aphrodisiaca), Korean Ginseng Root (Panax Ginseng) Oat Straw (Avena Sativa), Deodorized Garlic (Allium Sativum), Saw Palmetto Berry (Serenoa repens), L-Cysteine, Nettle Leaf (Urtica Dioica), Pumpkin Seed (Cucurbita Pepo), Citrus Bioflavonoids Complex, Choline Bitartrate, Inositol, Para-aminobenzoic Acid, L-Methionine, Alpha Lipoic Acid, Lutein, Lycopene

*Percent Daily Value (DV) are based on a 2,000 calorie diet

**Daily Value Not Established

Other Ingredients: Hydroxymethylpropylcellulose, Vanillin, Silicon Dioxide, Dicalcium Phosphate, Microcrystalline Cellulose, Sodium Starch Glycolate Type A, Magnesium Stearate.

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