

*The Foundation is Science, Not Ftype**

It contains the nutrients proven essential for optimal health.*

Nothing more, nothing less.

Media coverage doesn't get an item added to this formula. It takes unquestionable evidence that every ingredient is something your body needs in precise proportions.*

Anything less would be... well, just another multivitamin.

Suggested Use: Take two capsules daily.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

The FOUNDATIONTM MULTIVITAMIN Essential Ingredients For Solid Health

DIETARY SUPPLEMENT
60 CAPSULES



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily* Value
Vitamin A (as retinyl palmitate)	2500 IU	50%
Vitamin C (as ascorbic acid)	500 mg	830%
Vitamin D3 (as cholecalciferol)	2000 IU	500%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	670%
Vitamin K2 (as menaquinone 7/MK-7)	250 mcg	310%
Thiamin (as thiamin HCl)	10 mg	670%
Riboflavin	10 mg	590%
Niacin (as niacinamide)	28 mg	140%
Vitamin B6 (as pyridoxine HCl)	8 mg	400%
Vitamin B12 (as cyanocobalamin)	200 mcg	3330%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	40 mg	400%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenium amino acid chelate)	70 mcg	100%
Copper (as copper amino acid chelate)	2.5 mg	125%
Manganese (as manganese amino acid chelate)	5 mg	250%
Chromium (as chromium picolinate)	120 mcg	100%
Chloride (as potassium chloride)	90 mg	3%
Potassium (as potassium chloride)	100 mg	3%
Boron (as boron citrate)	3 mg	**

* Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established

Other Ingredients: Hypromellose (capsule), Stearic Acid, Silicon Dioxide

Manufactured for: aProvenProduct.com
2109 Richmond Rd, Ste.130-185, Lexington, KY 40509