BRONSON ONE MAN

DAILY MULTIVITAMIN

WITH MINERALS, COQ10, ALPHA LIPOIC ACID, & MORE

Dietary Supplement

NON-GMO & GLUTEN-FREE
90 CAPSULES



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving	0/0	Daily Value
Vitamin A		
(as Beta Carotene and 27% Retinyl Acetate)	1125 mcg RAE	125%
Vitamin C (as Ascorbic Acid)	180 mg	200%
Vitamin D3 (as Cholecalciferol) 50	0 mcg (2000 IU)	250%
Vitamin E (as d-Alpha Tocopheryl Succinate)	20 mg	133%
Thiamine (Vitamin B1) (as Thiamine Mononitrate)	3 mg	250%
Riboflavin (Vitamin B2)	3 mg	231%
Niacin (as Niacinamide)	20 mg NE	125%
Vitamin B6 (as Pyridoxine HCI)	4 mg	235%
Folate (400 mcg Folic Acid)	666 mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	500 mcg	20833%
Biotin	300 mcg	1000%
Pantothenic acid (as Calcium D-Pantothenate)	10 mg	200%
Choline (as Choline Bitartrate)	10 mg	2%
lodine (as Potassium lodide)	150 mcg	100%
Zinc (as Zinc Citrate)	25 mg	227%
Selenium (as L-Selenomethionine)	70 mcg	127%
Manganese (as Manganese Glycinate Chelate)	2 mg	87%
Chromium (as Chromium Picolinate)	200 mcg	571%
Molybdenum (as Molybdenum Glycinate Chelate) 75 mcg	167%
Boron (as Boron Glycinate)	1 mg	†
Inositol	25 mg	†
Coenzyme Q10 (as Ubiquinone)	50 mg	†
Alpha Lipoic Acid	50 mg	†
Lutein	3 mg	†
Zeaxanthin	500 mcg	t
Lycopene	500 mcg	†
† Daily Value not established		

Other Ingredients: Modified Cellulose Capsule, Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose.

Contains: Soy

Directions: As a dietary supplement for adults, take one capsule per day, preferably with a meal, or as directed by a healthcare professional.

WARNING: Do not take this product if you are pregnant or nursing.

Consult a healthcare professional before taking this product if you are taking medication or have a health condition.

Do not use if seal under cap is broken or missing.

Store at room temperature.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?

Support@bronsonlabs.com
Call 1-800-235-3200
Mon. - Fri. 7 AM - 6 PM MST
Sat. 8 AM - 4:30 PM MST

BronsonVitamins.com

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