

ADVANCED MATURE GOLD MULTIVITAMIN

- Supports overall good health and well-being*
- Multivitamin and mineral formula

150 COUNT

FOR ADULTS 50+*

KEY VITAMINS

HEALTHY MINERALS

Dietary Supplement
150 Tablets

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 150

Amount Per Serving		% Daily Value
Vitamin A (as Vitamin A Acetate and 30% as Beta Carotene)	2250 mcg RAE	283%
Vitamin C (as Ascorbic Acid)	125 mg	139%
Vitamin D3 (as Cholecalciferol)	10 mcg	50%
Vitamin E (as d-Alpha Tocopheryl succinate)	88 mg	587%
Thiamine (Vitamin B1) (as Thiamin mononitrate)	20 mg	1667%
Riboflavin (Vitamin B2)	20 mg	1538%
Niacin (Vitamin B3) (as Niacinamide)	50 mg NE	313%
Vitamin B6 (as Pyridoxine HCl)	20 mg	1176%
Folate (as 400 mcg Folic acid)	666 mcg DFE	167%
Vitamin B12 (as Cyanocobalamin)	167 mcg	6958%
Biotin	150 mcg	500%
Pantothenic acid (as Calcium D-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	50 mg	9%
Calcium (as Tricalcium Phosphate and Dicalcium Phosphate)	200 mg	15%
Iron (as Ferrous Fumarate)	10 mg	56%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Sulfate)	15 mg	136%
Selenium (as Selenium Amino Acid Chelate)	15 mcg	36%
Copper (as Copper Glycinate Chelate)	20 mcg	222%
Manganese (as Manganese Sulfate)	2 mg	130%
Chromium (as Chromium nicotinate glycinate chelate)	3 mg	43%
Molybdenum (as Molybdenum glycinate chelate)	15 mcg	56%
Potassium (as Potassium Chloride)	25 mcg	2%
Boron (as Boron Citrate and Boron Glycinate Complex)	80 mg	†
Citrus bioflavonoids	200 mcg	†
Inositol	25 mg	†

† Daily Value not established

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, sodium starch glycolate, magnesium stearate, silicon dioxide, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide, riboflavin.

Contains: Soy

Directions: As a dietary supplement for adults, take 1 tablet daily, preferably with a meal, or as directed by a healthcare professional.

WARNING: If you are pregnant, nursing or taking any medications, consult your healthcare professional before use. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BronsonVitamins.com



Nutrition Questions or Comments?

Call 1-800-235-3200

Mon. - Fri. 7 AM - 6 PM MST

Sat. 8 AM - 4:30 PM MST

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Manufactured by Bronson Laboratories

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