

Nature's Plus® VPM Vegan Power Meal protein is the most effective, rejuvenating, essential nutrient in the world. Its health-boosting effects are recognized by nutrition experts and government health organizations around the world. Countless studies have proven the benefits of dietary protein for the strength and growth of our muscles, cardiovascular systems, digestive tracts and our metabolic and weight management systems. Protein has also been shown to be absolutely vital for healthy hair, skin and nails.†

Nature's Plus VPM Vegan Power Meal protein delivers a full 20 g of protein together with the wholesome essential goodness of vitamins and minerals derived from real, certified organic whole foods. With greater purity than common nutrients, the essential vitamins and minerals in VPM come naturally enhanced with the synergistic cofactors that can only be found in naturally grown, organic fruits and vegetables. VPM comes unsweetened and unflavored, yet is delicious and easily added to shakes, smoothies and other healthful beverages or foods.†

- Each Serving of Certified Organic Nature's Plus VPM Features:
- 20 g Complete Protein with All Essential Amino Acids
 - Certified Organic Ingredients
 - All-Vegan Formula
 - No Added Sugar – Suitable for Low-Glycemic Diets

Consistent with all Nature's Plus organic products, VPM includes the following high-quality features:

- Non-GMO
- Soy Free
- Made in an Independently Certified GMP Facility
- Gluten Free
- Yeast Free

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Add one heaping scoop (scoop included in can) of VPM to 8 to 10 fl. oz. of water, almond milk, juice or smoothie and mix (or shake) until smooth. Add more liquid to desired consistency. For best results, liquids should be very cold.

*Not to be used as the sole source of dietary calories.

VPM MIXES INSTANTLY – NO BLENDER REQUIRED.

VEGAN, YEAST-FREE PRODUCT

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.



Nutrition Facts		
Serving Size 1 Scoop (43g)		
Servings Per Container 15		
Amount Per Serving		
Calories		140
Calories from Fat		30
	% Daily Value**	
Total Fat 3g*	5%	
Saturated Fat 0g	0%	
Trans Fat 0g	0%	
Cholesterol 0mg	0%	
Sodium 70mg	3%	
Potassium 120mg	3%	
Total Carbohydrate 8g	3%	
Dietary Fiber 4g	16%	
Sugars 4g		
Protein 20g	40%	
Vitamin A		
Vitamin C†	310 IU	6%
Calcium†	3.5 mg	6%
Iron	50 mg	6%
Vitamin D†	3 mg	15%
Vitamin E†	100 IU	25%
Vitamin K	1.5 IU	6%
Thiamin†	5 mcg	6%
Riboflavin†	0.13 mg	8%
Niacin†	0.14 mg	8%
Vitamin B6†	0.21 mg	2%
Folic Acid†	0.13 mg	6%
Vitamin B12	75 mcg	20%
Biotin	0.75 mcg	10%
Pantothenic Acid†	35 mcg	10%
Iodine	0.6 mg	6%
Magnesium†	18 mcg	10%
Zinc†	70 mg	20%
Selenium†	1.2 mg	8%
Manganese	10 mcg	15%
Chromium†	0.45 mg	20%
Molybdenum	15 mcg	10%
	5 mcg	6%
**Percent Daily Values are based on a 2,000 calorie diet.		
†Origen™ Brand		

Each serving of VPM Vegan Power Meal also contains:

Organic Whole Food Blend (acerola\$, beet\$, 100 mg bilberry\$, blueberry\$, broccoli\$, carrot\$, cauliflower\$, chlorella\$, cordyceps\$, kale\$, maitake\$, parsley\$, shiitake\$, spinach\$, spirulina\$, tomato\$, flax seed\$)

Ingredients: Proprietary Organic Non-GMO Protein Blend (Sources: sunflower\$, pea\$, sprouted whole brown rice\$, quinoa\$), guar gum\$, acacia gum\$, **Whole Food Blend**\$, *Algas calcareas*\$, annatto extract\$, blend of guava, holy basil and lemon extracts\$, guava extract\$, amla extract\$, **Mushroom Blend** (*Pleurotus ostreatus*, *P. eryngii*, *P. nebrodensis*)\$, moringa extract\$, natural beta carotene, mustard extract\$, cholecalciferol, zinc oxide, *Citrus limon* extract\$, calcium pantothenate, vitamin K2 (menaquinone), chromium chloride, folic acid, biotin, potassium iodide, manganese sulfate, sodium molybdate, methylcobalamin. \$Organic

‡ Certified Organic Annatto extract (*Bixa orellana*) contributing Vitamin E; Certified Organic Amla extract (*Phyllanthus emblica*) contributing Vitamin C; Certified Organic *Algas calcareas* contributing Calcium and Magnesium; Certified Organic Mushroom Blend (*Pleurotus ostreatus*, *P. eryngii*, *P. nebrodensis*) contributing Vitamin D3 (cholecalciferol); Certified Organic Guava (*Psidium guajava*), Holy Basil (*Ocimum tenuiflorum*) and Lemon (*Citrus limon*) extracts contributing Thiamin, Riboflavin, Niacin, Vitamin B6, Folic Acid, Pantothenic Acid; Certified Organic Guava extract contributing Zinc; Certified Organic Mustard extract (*Brassica nigra*) contributing Selenium; Certified Organic *Moringa oleifera* extract contributing Chromium.

Origen™ Brand is a registered trademark of Origenetics, Inc. Made with Vitashine™

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