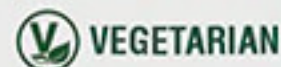


Multivitamins are a combination of many different vitamins and minerals normally found in foods and other natural sources. All our vital organs and systems, including the immune system, heart, lungs, muscles and brain, require vitamins and minerals. Multivitamins are used to help supplement the nutrients that we do not get enough of, or are not able to obtain, through our normal diet to promote overall health.*

Free from artificial colors and artificial preservatives.



KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.

MICRO-GEL SUSTAINED RELEASE SYSTEM

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of NaturesPlus
9500 New Horizons Blvd.
Amityville, New York 11701, USA
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PRODUCT NO. 3043



NaturesPlus®

SUSTAINED RELEASE ULTRA II DAILY

Multi-Nutrient
with Whole Foods



180 Tablets | DIETARY SUPPLEMENT

DIRECTIONS: One tablet daily.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin A (as beta carotene)	7500 mcg RAE (25,000 IU) 833%
Vitamin C (as ascorbic acid)	100 mg 111%
Vitamin D3 (as cholecalciferol)	25 mcg (1000 IU) 125%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg (100 IU) 447%
Thiamin (vitamin B1) (as thiamine HCl)	100 mg 8333%
Riboflavin (vitamin B2)	100 mg 7692%
Niacin (as niacinamide)	100 mg NE 625%
Vitamin B6 (as pyridoxine HCl)	100 mg 5882%
Folate (as calcium-L-5-	667 mcg DFE 167%
methyltetrahydrofolate)	(400 mcg L-methylfolate)
Vitamin B12 (as methylcobalamin)	100 mcg 4167%
Biotin	100 mcg 333%
Pantothenic Acid (as calcium pantothenate)	100 mg 2000%
Choline (as bitartrate)	42 mg 8%
Calcium (as amino acid chelate/complex)	40 mg 3%
Iron (as amino acid chelate/complex)	25 mg 139%
Iodine (from kelp, potassium iodide)	150 mcg 100%
Magnesium (as amino acid chelate/complex)	20 mg 5%
Zinc (as amino acid chelate/complex)	20 mg 182%
Selenium (as amino acid complex)	10 mcg 18%
Manganese (as amino acid chelate/complex)	6.1 mg 265%
Chromium (as amino acid chelate)	15 mcg 43%
PABA (para-aminobenzoic acid)	100 mg †
Inositol	100 mg †
Rutin (from <i>Sophora japonica</i> flower bud)	25 mg †
Bioflavonoid Complex (from <i>Citrus sinensis</i> fruit)	25 mg †
Betaine HCl	25 mg †
Hesperidin Complex (from <i>Citrus sinensis</i> whole fruit)	5 mg †

†Daily Value not established.

Other ingredients: Potassium gluconate, stearic acid, ferrous fumarate, microcrystalline cellulose, di-calcium phosphate, zinc sulfate, manganese gluconate, calcium carbonate, hydroxypropyl methylcellulose, magnesium oxide, silica, magnesium stearate, zinc gluconate, rose hips, potassium amino acid complex, papaya, isolated soy protein, ferrous gluconate, bromelain (from pineapple fruit), parsley, green cabbage, watercress, acerola cherry, Icelandic kelp, brown rice, date, papaya, chlorella, spirulina, black currant seed, garlic, apple pectin, carrot, sunflower seed oil, broccoli, spinach, fig, beet greens, lecithin and pharmaceutical glaze.