

Free from artificial colors and artificial preservatives.

 VEGETARIAN  GLUTEN FREE

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.

MICRO-GEL SUSTAINED RELEASE SYSTEM

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of NaturesPlus
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PRODUCT NO. 1231



NaturesPlus®

SUSTAINED RELEASE ULTRA-STRESS

B-Complex, Vitamin C & Iron



90 Tablets | DIETARY SUPPLEMENT

DIRECTIONS: One tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid)	500 mg	556%
Thiamin (vitamin B1) (as thiamine HCl)	125 mg	10,417%
Riboflavin (vitamin B2)	125 mg	9615%
Niacin (as niacinamide)	125 mg NE	781%
Vitamin B6 (as pyridoxine HCl)	125 mg	7353%
Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE	167%
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%
Biotin	125 mcg	417%
Pantothenic Acid (as calcium pantothenate)	200 mg	4000%
Choline (as bitartrate)	32 mg	6%
Iron (as amino acid chelate/complex)	20 mg	111%
Inositol	75 mg	†
PABA (para-aminobenzoic acid)	50 mg	†

†Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, microcrystalline cellulose, ferrous fumarate, magnesium stearate, rose hips (*Rosa canina* fruit), isolated soy protein, rice and pharmaceutical glaze.