

Free from artificial colors, artificial preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

VEGETARIAN GF GLUTEN-FREE YEAST-FREE

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of NaturesPlus
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PRODUCT NO. 3085



NaturesPlus®

ULTRA PRENATAL®

Multivitamin

For Pregnant & Nursing Mothers



180 Tablets | DIETARY SUPPLEMENT

DIRECTIONS: Two tablets once daily.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

Amount Per Serving	%Daily Value Pregnant Women and Lactating Women
Vitamin A (as beta carotene) 3003 mcg RAE (10,000 IU)	231%
Vitamin C (as ascorbic acid)	150 mg 125%
Vitamin D3 (as vegan cholecalciferol) . . .10 mcg (400 IU)	67%
Vitamin E (as d-alpha tocopheryl succinate) 67 mg (100 IU)	353%
Thiamin (vitamin B1) (as thiamine HCl)	15 mg 1071%
Riboflavin (vitamin B2)	15 mg 938%
Niacin (as niacinamide)	40 mg NE 222%
Vitamin B6 (as pyridoxine HCl)	50 mg 2500%
Folate (as calcium-L-5-methyl-tetrahydrofolate)	1333 mcg DFE 222%
(800 mcg L-methylfolate)	
Vitamin B12 (as methylcobalamin)	20 mcg 714%
Biotin	600 mcg 1714%
Pantothenic Acid (as calcium pantothenate)	25 mg 357%
Choline (as bitartrate)	10 mg 2%
Calcium (as amino acid chelate/complex)	600 mg 46%
Iron (as amino acid chelate/complex)	36 mg 133%
Phosphorus (as amino acid complex)	200 mg 16%
Iodine (from kelp, potassium iodide)	225 mcg 78%
Magnesium (as amino acid chelate/complex)	225 mg 56%
Zinc (as amino acid chelate/complex)	15 mg 115%
Manganese (as amino acid chelate/complex)	6 mg 231%
Inositol	10 mg †
PABA (para-aminobenzoic acid)	10 mg †

† Daily Value not established.

Other ingredients: Tri-calcium phosphate, microcrystalline cellulose, magnesium oxide, calcium carbonate, vegetable cellulose, stearic acid, magnesium stearate, potassium amino acid complex, silica, rose hips (*Rosa canina* fruit), rice and pharmaceutical glaze.