

B vitamins are needed to convert foods into energy for the entire body. They are essential for heart, skin, eyes, hair and liver health, as well as for the nervous, immune and digestive systems and to support brain function, including systems associated with occasional anxiety. B vitamins function best when provided in a complete complex at the appropriate levels.\*

Free from artificial colors and artificial preservatives. Free from all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

**V VEGAN G F GLUTEN FREE**

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by  
**Natural Organics Laboratories, Inc.**, makers of **NaturesPlus**  
9500 New Horizons Blvd., Amityville, New York 11701, USA  
©NATURAL ORGANICS® [naturesplus.com](http://naturesplus.com)

PRODUCT NO. 1330



**NaturesPlus®**

HIGH POTENCY  
**SUPER B-50**  
Balanced B-Complex



**180 Capsules | DIETARY SUPPLEMENT**

**DIRECTIONS:** One capsule daily, preferably with a meal.

**Supplement Facts**

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Thiamin (vitamin B1) (as thiamine HCl) . . . . .	50 mg . . . 4167%
Riboflavin (vitamin B2) . . . . .	50 mg . . . 3846%
Niacin (as niacinamide) . . . . .	50 mg NE . . . 313%
Vitamin B6 (as pyridoxine HCl) . . . . .	50 mg . . . 2941%
Folate (as calcium-L-5- methyltetrahydrofolate) (100 mcg folic acid)	167 mcg DFE . . . . . 42%
Vitamin B12 (as methylcobalamin) . . . . .	50 mcg . . . 2083%
Biotin . . . . .	50 mcg . . . 167%
Pantothenic Acid (as calcium pantothenate)	50 mg . . . 1000%
Choline (as bitartrate) . . . . .	21 mg . . . 4%
Inositol . . . . .	50 mg . . . †
PABA (para-aminobenzoic acid) . . . . .	30 mg . . . †

†Daily Value not established.

Other ingredients: Vegetable cellulose, di-calcium phosphate, microcrystalline cellulose, magnesium stearate, rice bran, stearic acid, watercress, parsley, silica and purified water.

LBL. 1141416