

DIRECTIONS: One capsule daily, preferably with a meal.

Free from artificial colors, artificial preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

V VEGAN G F GLUTEN FREE

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of **NaturesPlus**
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PRODUCT NO. 1320



NaturesPlus®

HIGH POTENCY
SUPER B-50
Balanced B-Complex



90 Capsules | DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Thiamin (vitamin B1) (as thiamine HCl)	50 mg ... 4167%
Riboflavin (vitamin B2)	50 mg ... 3846%
Niacin (as niacinamide)	50 mg NE ... 313%
Vitamin B6 (as pyridoxine HCl)	50 mg ... 2941%
Folate (as calcium-L-5-methyltetrahydrofolate) (100 mcg folic acid)	167 mcg DFE ... 42%
Vitamin B12 (as methylcobalamin)	50 mcg ... 2083%
Biotin	50 mcg ... 167%
Pantothenic Acid (as calcium pantothenate)	50 mg ... 1000%
Choline (as bitartrate)	21 mg ... 4%
Inositol	50 mg ... †
PABA (para-aminobenzoic acid)	30 mg ... †

† Daily Value not established.

Other ingredients: Vegetable cellulose, di-calcium phosphate, microcrystalline cellulose, magnesium stearate, rice bran, stearic acid, watercress, parsley, silica and purified water.