

Energy for the Life You Live!™

NaturesPlus.

Source of Life®
women

Multi-Vitamin and
Mineral Supplement
with Whole Food
Concentrates

with Calcium, Folate & Lutein

GLUTEN
Free

120 TABLETS

Vegetarian

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as beta-carotene).....	3000 mcg RAE (10,000 IU) 333%	Bromelain (from pineapple fruit).....	40 mg †
Vitamin C (as ascorbic acid).....	500 mg 556%	(80 gelatin digesting units)	40 mg †
Vitamin D3 (as vegan cholecalciferol).....	2.5 mcg (100 IU) 13%	Novasoy® (soy extract) (stand. to 40% [16 mg] isoflavones)	40 mg †
Vitamin E (as d-alpha tocopheryl succinate).....	67 mg (100 IU) 447%	Fem-Effect Complex	40 mg †
Vitamin K (as phytonadione).....	150 mcg 125%	Proprietary blend of Chasteberry (Vitex agnus-castus fruit) (stand. 0.5% [50 mcg] agnuside, 0.4% [40 mcg] aucubin); Damiana (leaves) Dong Quai (Angelica sinensis root); Black Cohosh (Cimicifuga racemosa root) (stand. 2.5% [0.25 mg] triterpene glycosides)	30 mg †
Thiamin (vitamin B1) (as thiamine HCl).....	50 mg 4167%	Inositol.....	25 mg †
Riboflavin (vitamin B2).....	50 mg 3846%	Bioflavonoid Complex (from Citrus limon / sinensis whole fruit) (stand. to 48% [12 mg] flavanones and 2% [0.5 mg] flavanols, flavones and related phenolic compounds)	15 mg †
Niacin (as niacinamide).....	50 mg NE 313%	Herbal Antioxidant Complex	
Vitamin B6 (as pyridoxine HCl).....	50 mg 2941%	Proprietary blend of Turmeric (Curcuma longa rhizome) (stand. 95% [4.75 mg] curcumin); Bilberry (Vaccinium myrtillus extract) (stand. 25% [1.25 mg] anthocyanosides); Green Tea (Camellia sinensis leaf) (decaffeinated) (stand. 50% [2.5 mg] polyphenols)	10 mg †
Folate (as calcium-L-5- methyltetrahydrofolate).....	1333 mcg DFE 333%	Lipase (from Rhizopus oryzae fermentation).....	5 mg †
Vitamin B12 (as methylcobalamin).....	200 mcg 8333%	Amylase (from Aspergillus oryzae fermentation).....	5 mg †
Biotin.....	300 mcg 1000%	Lactase (DairyMate®).....	5 mg †
Pantothenic Acid (as calcium pantothenate).....	60 mg 1200%	Protease (from Aspergillus oryzae fermentation).....	2 mg †
Choline (as bitartrate).....	30 mg 5%	Lutein† (active carotenoid from marigold flower extract).....	1 mg †
Calcium (as aminoate complex).....	500 mg 38%	Boron (as citrate).....	
Iron (as aminoate complex).....	18 mg 100%		
Iodine (from kelp).....	150 mcg 100%		
Magnesium (as aminoate complex).....	250 mg 60%		
Zinc (as monomethionine***).....	15 mg 136%		
Selenium (as aminoate complex).....	100 mcg 182%		
Copper (as aminoate complex).....	1 mg 111%		
Manganese (as aminoate complex).....	2 mg 87%		
Chromium (as polynicotinate***).....	120 mcg 343%		
Molybdenum (as aminoate complex).....	50 mcg 111%		
Spirulina.....	250 mg †		
Lactase® (pflavone).....	50 mg †		

†Daily Value not established.

Other ingredients: Calcium carbonate, magnesium oxide, vegetable cellulose, magnesium stearate, stearic acid, microcrystalline cellulose, astragalus root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, potassium citrate, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

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Source of Life is a registered trademark of Natural Organics, Inc. in the US and other countries.



DIRECTIONS: As a dietary supplement for women only, two tablets once daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

Free from artificial colors and preservatives.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

NOTE: If you are pregnant or nursing, consult your healthcare practitioner before using any herbal product.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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