

•ANTIOXIDANT NUTRITION•

NaturesPlus®

Source of Life RED

Multi-Vitamin & Mineral Supplement
WITH WHOLE FOOD CONCENTRATES
Exotic Red Fruits, Lutein, Lycopene,
Vitamin D3 and Anti-Aging Nutrients

ORAC VALUE
1000

GLUTEN
Free

Vegetarian • 90 Tablets

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	20	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	4%**
Protein	1 g	2%**
Vitamin A (as beta carotene)	3000 mcg RAE (10,000 IU)	333%
Vitamin C (as ascorbic acid)	1000 mg	1111%
Vitamin D3 (as cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha-tocopheryl succinate)	134 mg (200 IU)	893%
Vitamin K2 (as menatrenone)	100 mcg	83%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	2083%
Riboflavin (vitamin B2)	25 mg	1923%
Niacin (as niacinamide)	40 mg NE	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1471%
Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE	167%
Vitamin B12 (as methylcobalamin)	200 mcg	8333%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium pantothenate)	60 mg	1200%
Choline (as bitartrate)	30 mg	5%
Calcium (as aminoate complex)	200 mg	15%
Iron (as aminoate complex, ascorbate)	18 mg	100%
Iodine (from kelp)	150 mcg	100%
Magnesium (as aminoate complex)	100 mg	24%
Zinc (as aminoate complex, picolinate)	15 mg	136%
Selenium (as aminoate complex)	25 mcg	45%
Copper (as aminoate complex)	0.5 mg	56%
Manganese (as aminoate complex)	4 mg	174%
Chromium (as aminoate complex)	20 mcg	57%

Other ingredients: Multi Color Lightning Proprietary Whole Food Blend (115 fruits and vegetables)†, di-calcium phosphate, microcrystalline cellulose, vegetable cellulose, natural color, magnesium oxide, stearic acid, *Blakeslea trispora*, ferrous fumarate, zinc sulfate, magnesium stearate, potassium chloride, potassium iodide, manganese sulfate, silica, organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum. Mineral aminoates are whole brown rice chelates. †For details, see outer carton or visit www.naturesplus.com

Amount Per Serving

%Daily Value

Potassium (as aminoate complex)	50 mg	1%
Red Lightning Proprietary Blend (30 whole foods)†	1000 mg	
Proprietary Anti-Aging Blend:	250 mg	
MSM (methylsulfonylmethane), NAC (N-acetylcysteine), Turmeric (std. curcumin), Grape (<i>Vitis vinifera</i>) Seed Extract (std. proanthocyanidins)		
Essential Fatty Acid-Rich Whole Food Energy Blend:	220 mg	
Black Currant, Sunflower Seed, Octadecanoic Acid		
Bioflavonoid Complex (from <i>Citrus limon/sinensis</i>) (active flavanones, flavanols, flavones and related phenolic compounds [26 mg])	60 mg	
Ginseng Root (Korean)	50 mg	
Inositol	30 mg	
Quercetin dihydrate (from <i>Dimorphandra mollis</i>)	30 mg	
Papain (from papaya fruit)	30 mg	
Rutin (from <i>Sophora japonica</i> flower bud)	25 mg	
Betaine HCl	25 mg	
Apple Pectin	20 mg	
PABA (para-aminobenzoic acid)	15 mg	
Bromelain (from pineapple fruit) (24 GDU)	12 mg	
Hesperidin Complex (from <i>Citrus sinensis</i> whole fruit)	10 mg	
Amylase (from <i>Aspergillus oryzae</i> fermentation)	5 mg	
Lipase (from <i>Rhizopus oryzae</i> fermentation)	5 mg	
Lycopene	5 mg	
Chlorophyll (from Whole Food Blend)	4.5 mg	
Carotenoids (from Whole Food Blend)	4 mg	
Lutein (active carotenoid from marigold flower extract)†	3 mg	
Proanthocyanidins (from Whole Food Blend)	500 mg	
Octacosanol	200 mg	

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Nutritional Support for Free Radical Defense, Natural Energy Production and Overall Well-Being.*

Free from artificial colors, preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†† **FloraGLO** is a registered trademark of LUTHEIN Kemin Industries, Inc.

Source of Life® is a registered trademark of Natural Organics, Inc. in the US and other countries.

Manufactured with LOVE ♥ by Natural Organics Laboratories, Inc., makers of NaturesPlus
9500 New Horizons Blvd., Amityville, New York 11701, USA
©NATURAL ORGANICS® www.naturesplus.com

PRODUCT NO. 30542



LBL 1140245