



Multi-Vitamin & Mineral Supplement
with Whole Food Concentrates



90 TABLETS

NaturesPlus. Source of Life Prenatal

"Nutritional Support for Overall Well-Being."

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

	Amount Per Serving	%Daily Value Pregnant women and Lactating women
Vitamin A (as beta carotene)	3000 mcg RAE (10,000 IU)	231%
Vitamin C (as ascorbic acid)	150 mg	125%
Vitamin D (as ergocalciferol)	2.5 mcg (100 IU)	17%
Vitamin E (as d-alpha tocopheryl succinate)	.67 mg α-TE (100 IU)	353%
Thiamin (vitamin B1) (as thiamine HCl)	10 mg	714%
Riboflavin (vitamin B2)	10 mg	625%
Niacin (as niacinamide)	40 mg NE	222%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folate (as calcium-L-5-methyltetrahydrofolate)	1333 mcg DFE (800 mcg L-methylfolate)	222%
Vitamin B12 (as methylcobalamin)	40 mcg	1429%
Biotin	800 mcg	2386%
Pantothenic Acid (as calcium pantothenate)	25 mg	357%
Celastrol (as bitartrate)	5 mg	<1%
Calcium (as amino acid chelate/complex)	400 mg	31%
Iron (as amino acid chelate/complex)	18 mg	67%
Phosphorus (as amino acid complex)	200 mg	16%
Iodine (from kelp)	150 mcg	52%
Magnesium (as amino acid chelate/complex)	200 mg	115%
Zinc (as amino acid chelate/complex)	15 mg	231%
Manganese (as amino acid chelate/complex)	6 mg	<1%
Potassium (as amino acid complex)	10 mg	<1%
Bromelain (enzyme from pineapple fruit)	50 mg	†
Inositol	5 mg	†
PABA (para-aminobenzoic acid)	5 mg	†
Probiotic Blend (Lactobacillus acidophilus, Bifidobacterium bifidus, and Bifidobacterium longum)	100 million cells	†

†Daily Value not established. ‡At time of manufacture.

Other ingredients: Dicalcium phosphate, calcium carbonate, microcrystalline cellulose, magnesium oxide, vegetable cellulose, stearic acid, ferrous fumarate, magnesium stearate, silica, brown rice, banana, apricot, apple, broccoli, lentil, pea, carotene, parsley, green zucchini, turnip greens, peach, kale, tomato, spinach, potassium iodide and pharmaceutical place.

Free from all the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

DIRECTIONS: As a dietary supplement, two tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of NaturesPlus
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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

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PRODUCT NO. 3091

