Each Serving Also Provides:

Natures Plus LECITHIN GRANULES are made from the highest quality natural non-GMO soybean lecithin, containing 95% - 98% Soy Phosphatides. NaturesPlus LECITHIN is made in the United States. so you are getting the freshest product available. This pleasant-tasting, oil-free lecithin provides the highest potencies of naturally occurring Choline and Inositol.

GIF GLUTEN FREE

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

> Manufactured with LOVE ♥ by Natural Organics Laboratories, Inc. makers of Natures Plus 9500 New Horizons Blvd. Amityville, NY 11701, USA ©NATURAL ORGANICS® naturesplus.com

> > PRODUCT NO. 4210



Natures Plus_®

NATURAL SOY

LECITHIN GRANULES

95% - 98% Soy Phosphatides

Net Wt.12 oz. (340g) | DIETARY SUPPLEMENT

DIRECTIONS: One or two tablespoons daily in juice, cereal, etc., or eat as is from the container.

Nutrition Facts

45 Servings per container

Serving size 1 Level Tablespoon (7.5g)

Calories	40
	%Daily Value*
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 1g	<1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	0%
Vitamin D 0 mcg	0%
Calcium 10 mg	0%
Iron 0.17 mg	1%
Potassium 100 mg	2%
Magnesium 14 mg	4%

The %Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Lecithin granules.