



**90 Tablets** | DIETARY SUPPLEMENT

Promotes Healthy Sleep\*

# FAST ACTING MELATONIN 1 mg

NaturesPlus®

**DIRECTIONS:** Take one tablet about 30 minutes before bedtime.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

% Daily Value

Melatonin

1 mg

†

†Daily Value not established.

Other ingredients: Microcrystalline cellulose, organic rice bran extract, tapioca maltodextrin and vegetable cellulose.

Free from artificial colors and artificial preservatives.  
Free from all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

 VEGAN  GLUTEN FREE

**MAGNESIUM STEARATE FREE**

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**KEEP OUT OF REACH OF CHILDREN. THIS PRODUCT IS NOT RECOMMENDED FOR LONG-TERM USE.**

**Warning:** May cause drowsiness. Do not use if pregnant, nursing or under 18. Consult doctor before use if you are taking any medications or have any medical conditions, including depression, seasonal affective disorder, schizophrenia, autoimmune disease, high blood pressure, asthma or epilepsy. Stop use and consult doctor if adverse reactions occur. Do not drive, operate machinery or consume alcohol while taking product. Allow a two-week break between two-month periods of daily use.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by Natural Organics, Inc.

makers of **NaturesPlus**

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