



60 Tablets | DIETARY SUPPLEMENT

SUSTAINED RELEASE MEGA B-100 Balanced B-Complex

NaturesPlus®

DIRECTIONS: One tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Thiamin (vitamin B1) (as thiamine HCl)	100 mg 8333%
Riboflavin (vitamin B2)	100 mg 7692%
Niacin (as niacinamide)	100 mg NE 625%
Vitamin B6 (as pyridoxine HCl)	100 mg 5882%
Folate (as calcium-L-5-	167 mcg DFE 42%
methyltetrahydrofolate) (100 mcg L-methylfolate)	
Vitamin B12 (as methylcobalamin)	100 mcg 4167%
Biotin	100 mcg 333%
Pantothenic Acid (as calcium pantothenate)	100 mg 2000%
Choline (as bitartrate)	42 mg 8%
Inositol	100 mg †
PABA (para-aminobenzoic acid)	30 mg †

†Daily Value not established.

Other ingredients: Di-calcium phosphate, stearic acid, hydroxypropyl methylcellulose, silica, magnesium stearate, rice bran, watercress, parsley and pharmaceutical glaze.

Free from artificial colors, artificial preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

VEGETARIAN  **GLUTEN FREE**

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

**IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL
RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.**

MICRO-GEL SUSTAINED RELEASE SYSTEM

***This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by

Natural Organics Laboratories, Inc. makers of NaturesPlus
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**PRODUCT
NO. 1430**

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