

Magnesium is a mineral critical for energy production, muscle function, nerve impulse transmission and bone mineralization. It is integral to the metabolism of carbohydrates and the creation of healthful fats and proteins. Magnesium is primarily known to nutritionally support a calm mind and body, reduction of stresses, restful sleep and healthy bone density, as well as to promote immune and cardiovascular health.*

Free from artificial colors and artificial preservatives.

 **VEGETARIAN**  **GLUTEN FREE**

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT NO. 3350



NaturesPlus®

MAGNESIUM

200 mg



90 Tablets | DIETARY SUPPLEMENT

DIRECTIONS: One tablet twice daily.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Magnesium (as soy amino acid chelate†)	200 mg	48%

Other ingredients: Stearic acid, vegetable cellulose, di-calcium phosphate, magnesium stearate and pharmaceutical glaze.

†Manufactured with the **Biotron Process** of amino acid chelation.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **NaturesPlus**
9500 New Horizons Blvd., Amityville, New York 11701, USA
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