

## HOW TO USE KARBOLYN® HYDRATE

### SUGGESTED USE:

As a dietary supplement, mix 1 scoop in a shaker cup or water bottle with 20 ounces of water and drink 15 minutes before exercise.

### DEMAND MORE FROM YOUR SPORTS DRINK!

Elite athletes know they must push harder and harder to achieve the highest levels of performance. When it comes to Sports Drinks, they need the one that's Formulated To Win!® — Karbolyn® Hydrate. Our researchers have developed what they believe is the perfect formula to help athletes rehydrate, fight fatigue, and quickly restore critical electrolytes.\*

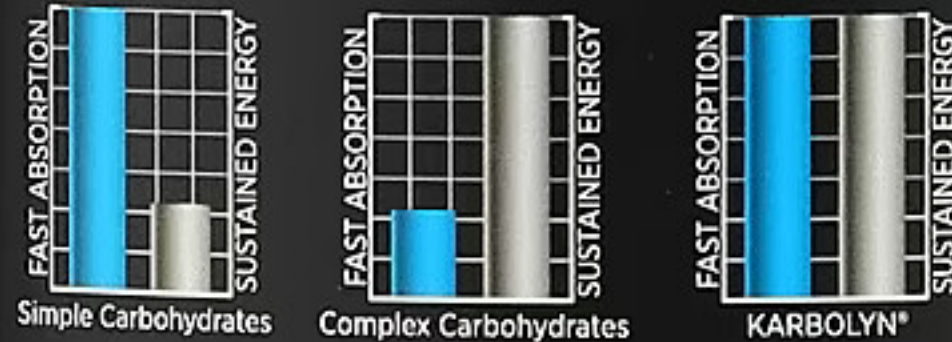
Athletes need real fuel, not sugar, for sustained energy and endurance. Karbolyn® Hydrate is sugar-free, yet it can power you through the most grueling workout, competition, or anything that requires extended energy at peak levels.\*

Maximum performance requires maintaining a proper balance of key electrolytes, such as sodium and potassium. Unfortunately, other drinks include too much sodium which can disrupt vital potassium levels. But not Karbolyn® Hydrate! It contains a precise ratio of the 4 electrolytes (Sodium, Potassium, Magnesium, and Phosphate) critical to sports performance and recovery. So grab a cup or shaker and find out why Karbolyn® Hydrate is Formulated To Win!®\*

### WHAT IS KARBOLYN®?

Karbolyn® is derived from potato, rice and corn. This fast-acting, long-lasting, high-performance compound offers the best of both simple and complex carbohydrates.

Karbolyn® is absorbed into the bloodstream like a simple sugar but still provides sustained energy without "crashing".\*



Keep out of the reach of children. Protect from heat, light and moisture. Store at 59-86°F (15-30°C)

LOT 3159600

EXP 09/2026

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PERFORMANCE CARB WITH ELECTROLYTES\*

# KARBOLYN® HYDRATE

DIETARY SUPPLEMENT

# EFX SPORTS®

ENERGY\*

ELECTROLYTES\*

RECOVERY\*



NET WT 65.5 OZ (4 LB 1.5 OZ) 1856g

## Supplement Facts

Serving Size 29 g (One Scoop)

Servings Per Container 64

|                                                                               | Amount Per Serving | % Daily Value |
|-------------------------------------------------------------------------------|--------------------|---------------|
| Calories                                                                      | 110                |               |
| Total Carbohydrate                                                            | 27 g               | 10%**         |
| Phosphorus<br>(as potassium phosphate, magnesium phosphate, sodium phosphate) | 47 mg              | 4%            |
| Magnesium (as magnesium phosphate)                                            | 13 mg              | 3%            |
| Sodium (as sodium phosphate)                                                  | 15 mg              | <1%           |
| Potassium (as potassium phosphate)                                            | 44 mg              | <1%           |
| Karbolyn®<br>(homopolysaccharide derived from potato, rice and corn)          | 25 g               | †             |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: Citric Acid, Natural & Artificial Lemon Lime Flavors, and Sucralose.

**KARBOLYN®**  
HYBRID PERFORMANCE CARB

Karbolyn® is a registered trademark of All American Pharmaceutical.

**GLUTENFREE®**



Manufactured for and distributed by:  
EFX Sports®, 2376 Main Street,  
Billings, MT 59105

Questions about this product?  
Please call us at (888) 238-1864

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