

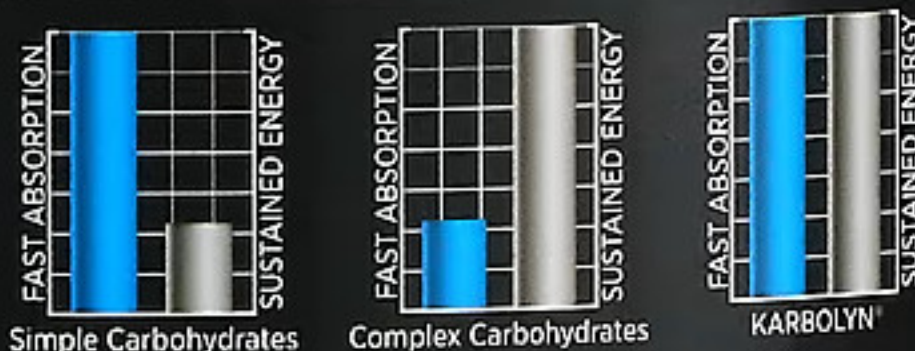
# HOW TO USE KARBOLYN®

## SUGGESTED USE FOR INDIVIDUALS

As a dietary supplement, mix 1 scoop in a shaker cup with 16 ounces of water and drink 30 minutes before exercise.

## WHAT IS THIS "PERFORMANCE CARBOHYDRATE" KARBOLYN®?

Karbolyln® represents the dawn of a new era of carbohydrate supplementation. Derived from potato, rice and corn, this fast-acting, long-lasting, high-performance compound offers the best of both simple and complex carbohydrates.\*



Simple carbohydrates have the ability to enter the bloodstream quickly. However, they can also stimulate a strong "spike" and subsequent "crash" due to a rapid rise and fall of insulin levels. This may be good for a quick burst of energy but not for sustained endurance.\*

Complex carbohydrates do provide sustained endurance. But, they are slow to digest, and can leave you feeling bloated and lethargic.\*

## KARBOLYN® DELIVERS THE BEST OF BOTH WORLDS

Karbolyln® is absorbed into the bloodstream like a simple sugar but without the typical crash caused when your muscles run out of fuel. It has also been shown to be absorbed as quickly as pure Dextrose (a simple carbohydrate). Yet, it still provides sustained energy without "crashing".\*

## DON'T TAKE OUR WORD FOR IT...WHAT DOES THE STUDY SAY?

The Clinical Study sought to document whether or not Karbolyln® has a positive and sustainable impact on blood sugar levels in normal adults during aerobic activity. Data obtained from participants indicated that a simple sugar promoted a steep drop and subsequent "crash" at a predictable point in time. Karbolyln® gave an overall smoother decline in blood glucose level.\*

Karbolyln® Study Data - Re: IRB No : 29443/1; KL-001 - Study: July 2014-March 2015

LOT 3158400

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Keep out of the reach of children. Protect from heat, light and moisture. Store at 59-86°F (15-30°C).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

EFX  
SPORTS®

PERFORMANCE CARB\*  
**KARBOLYN**  
**FUEL**  
DIETARY SUPPLEMENT

ENERGY\*

ENDURANCE\*

RECOVERY\*



BLUE RAZZ  
WATERMELON

NET WT 68.8 OZ (4-LB 4.8 OZ) 1950g

# Supplement Facts

Serving Size 53 g (One Scoop)

Servings Per Container 36

|                                                                       | Amount Per Serving | % Daily Value |
|-----------------------------------------------------------------------|--------------------|---------------|
| Calories                                                              | 200                |               |
| Total Carbohydrate                                                    | 50 g               | 18%**         |
| Karbolyln®<br>(homopolysaccharide derived from potato, rice and corn) | 50 g               | †             |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: Citric Acid, Sucralose, Natural & Artificial Blue Raspberry, Watermelon & Vanilla Flavors, and FD&C Blue #1.

GLUTENFREE\*

Karbolyln® is a registered trademark of All American Pharmaceutical.



Manufactured for and distributed by:  
EFX Sports®, 2376 Main Street,  
Billings, MT 59105

Questions about this product?  
Please call us at (888) 238-1864

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