

2 MONTH SUPPLY

SUGGESTED USE:

Ages 2+, take 1 gummy per day or as recommended by a physician or healthcare professional.
Do not exceed the recommended dose.

KEEP OUT OF REACH OF CHILDREN

We genuinely care about all our customers. Please consult with a physician or healthcare professional before starting any health supplement, especially if pregnant or lactating, taking medication, or if you have a medical diagnosis. Discontinue use if any negative reaction occurs.

THIS PRODUCT IS MADE WITHOUT:
Gelatin, Peanuts, Tree Nuts, Fish, Shellfish, Gluten, Milk, Eggs, Soy, Sesame, Mustard, and Sulphites.

Pectin sourced from citrus.

Vegan Vitamin D3 derived from Lichen.

VEGAN

NO
GELATIN

25 mcg
VITAMIN
D3
per 1 gummy



MARY RUTH'S®
VITAMIN
D3+B12
GUMMIES

GLUTEN
FREE

PECTIN
BASED

250 mcg
VITAMIN
B12
per 1 gummy

2 MONTH SUPPLY

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

	Amount Per Serving	% DV for 2-3 Years	% DV for 4+ Years
Calories	5		
Total Carbohydrate	2 g	1%**	1%*
Total Sugars	1 g	†	†
Includes 1g Added Sugars		4%**	2%*
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	167%	125%
Vitamin B12 (as Methylcobalamin)	250 mcg	27,778%	10,417%
Sodium	5 mg	<1%**	<1%*

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Percent Daily Values (DV) are based on a 1,000 calorie diet.

†Daily Value (DV) not established.

CONTACT US

We love to hear from our customers.
Questions? Feedback?

Please feel free to call or email us!
WeCare@MaryRuthOrganics.com

(310) 955-1353

= Strawberry =
Vegan Natural Flavor

Dietary Supplement
60 Gummies

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Purified Water, Pectin, Natural Flavor, Citric Acid, Sodium Citrate, Coconut Oil, and Carnauba Wax.

Distributed by MRD MaryRuth, LLC
Los Angeles, CA 90035
www.maryruthorganics.com

PRODUCT OF CANADA

All Ingredients are VEGAN