

2 MONTH SUPPLY

SUGGESTED USE:

Ages 2+, take 1 gummy per day or as recommended by a physician or healthcare professional.

Do not exceed the recommended dose.

KEEP OUT OF REACH OF CHILDREN

We genuinely care about all our customers. Please consult with a physician or healthcare professional before starting any health supplement, especially if pregnant or lactating, taking medication, or if you have a medical diagnosis.

Discontinue use if any negative reaction occurs.

THIS PRODUCT IS MADE WITHOUT:

Gelatin, Peanuts, Tree Nuts, Fish, Shellfish, Gluten, Milk, Eggs, Soy, Sesame, Mustard, and Sulphites.

VEGAN

NO
GELATIN

DELICIOUS!



MARY RUTH'S®
K2 + D3
CALCIUM
GUMMIES

PECTIN
BASED

GLUTEN
FREE

FOR
AGES 2+

2 MONTH SUPPLY

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

	Amount Per Serving	% DV for 2-3 Years	% DV for 4+ Years
Calories	10		
Total Carbohydrate	2 g	1% ^{**}	1% [*]
Total Sugars	1 g	†	†
Includes 1g Added Sugar			
		4% ^{**}	2% [*]
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	167%	125%
Calcium (as Tribasic Calcium Phosphate)	100 mg	14%	8%
Sodium	10 mg	1%	<1%
Vitamin K2 (as Menaquinone-7)	100 mcg	†	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Percent Daily Values (DV) are based on a 1,000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Purified Water, Citric Acid, Natural Flavors, Sodium Citrate, Organic Sunflower Oil, and Beta Carotene Color.

CONTACT US

We love to hear from our customers.
Questions? Feedback?

Please feel free to call or email us!
WeCare@MaryRuthOrganics.com

(310) 955-1353

Vegan Natural

— Peach Mango Apricot —
Flavored with Other Natural Flavor

Dietary Supplement
60 Gummies

Distributed by MRD MaryRuth, LLC
Los Angeles, CA 90035
www.maryruthorganics.com

PRODUCT OF CANADA

All Ingredients are VEGAN