



90 Capsules | DIETARY SUPPLEMENT

Multivitamin and Mineral
with Beta Carotene

ULTRA ONE[®] DAILY

NaturesPlus[®]

DIRECTIONS: One capsule daily with a meal.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Vitamin A (100% from beta carotene)	3003 mcg RAE (10,000 IU) 334%
Vitamin C (as ascorbic acid)	150 mg 167%
Vitamin D (as vegan cholecalciferol)	10 mcg (400 IU) 50%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg (100 IU) 447%
Thiamin (vitamin B1) (as thiamine mononitrate)	25 mg 2083%
Riboflavin (vitamin B2)	25 mg 1923%
Niacin (as niacinamide)	100 mg NE 625%
Vitamin B6 (as pyridoxine HCl)	25 mg 1471%
Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE 167%
Vitamin B12 (as methylcobalamin)	100 mcg 4167%
Biotin	300 mcg 1000%
Pantothenic Acid (as d-calcium pantothenate)	50 mg 1000%
Choline (as bitartrate)	10.5 mg 2%
Calcium (as carbonate, citrate)	25 mg 2%
Iron (as ferrous fumarate)	10 mg 56%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as oxide, aspartate)	7.2 mg 2%
Zinc (as picolinate, oxide)	15 mg 136%
Selenium (as selenomethionine, sodium selenite)	200 mcg 364%
Copper (as gluconate)	2 mg 222%
Manganese (as gluconate, sulfate)	5 mg 217%
Chromium (as picolinate, chloride)	200 mcg 571%
Molybdenum (as sodium molybdate)	150 mcg 333%
PABA (para-aminobenzoic acid)	25 mg †
Inositol	25 mg †

†Daily Value not established.

Other ingredients: Vegetable cellulose, potassium citrate, magnesium stearate, silica and purified water.

Free from artificial colors and artificial preservatives. Free from allergens milk, eggs, fish, crustacean shellfish, tree nuts, peanuts and wheat.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE by
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makers of NaturesPlus
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**PRODUCT
NO. 3009**

