



Gluten
Free



Dairy
Free



Hypoallergenic



cGMP
Certified

VITAMINS

METHYLFOLATE

B COMPLEX

5-MTHF - BETAINE - RIBOFLAVIN - B2, B6, B9, B12
DIETARY SUPPLEMENT | 120 CAPSULES



CODEAGE

Suggested use: Adults take 2 capsules daily with 8 ounces of water or your favorite beverage. May be taken with or without food.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

	Amount Per Serving	% DV
Riboflavin (as Riboflavin-5'-Phosphate)	30 mg	2308%
Vitamin B6 (as Pyridoxal-5'-Phosphate)	15 mg	882%
Folate (as Quatrefolic® [5S]-5-Methyltetrahydrofolate, Glucosamine Salt)	1360 mcg DFE	340%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41667%
Betaine (as Trimethylglycine)	600 mg	**

**Daily Value (DV) not established

OTHER INGREDIENTS: Methylcellulose Capsule.

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CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Please use caution if you have allergies or sensitivities to any of the listed ingredients.

This product is manufactured in a facility that processes fish and tree nuts.

Contains no filler ingredients, artificial flavors, colors, sweeteners or preservatives.

QUESTIONS? CODEAGE.COM

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Quatrefolic® is a registered trademark of Ceeoils S.p.A.
Store in a cool, dry place. Do not use if product
has been opened or tampered with in any way.
Keep out of reach of children and pets.