

## Naturally Supports:

- Nervous System Health
- Blood & Heart Health

### SUGGESTED USE:

1 tablet daily preferably with a meal or as directed by a healthcare professional.


### CAUTION:

Do not exceed recommended dose. If you are pregnant or nursing or are taking anticoagulant drugs, such as Coumadin/warfarin, consult your physician before taking this or any dietary supplement. This product is not intended for children under 18 or individuals with a known medical condition. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**NOTICE:** Most people should not experience "Niacin skin flush" when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

### WARNING:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Carefully Crafted for:  **AMVILAB®**

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF THE REACH OF CHILDREN.  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.  
STORE IN A COOL, DRY PLACE.

 **AMVILAB®**

# PRENATAL MULTIVITAMIN

*Nutrients for Mom*

HELPS  
PROMOTE  
PREGNANCY  
HEALTH

**60**  
TABLETS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container: 60

Amount Per Serving		%Daily Value for Pregnant and Lactating Women
Vitamin A (beta-carotene)	3375 IU	42%
Vitamin C (ascorbic acid)	70 mg	117%
Vitamin D-3 (cholecalciferol)	400 IU	100%
Vitamin E (d-alpha tocopheryl succinate)	5.5 IU	18%
Vitamin K (phytonadione)	70 mcg	*
Vitamin B-1 (thiamin HCl)	3 mg	176%
Vitamin B-2 (riboflavin)	2 mg	100%
Niacin	20 mg	100%
Vitamin B-6 (pyridoxine HCl)	10 mg	400%
Folic Acid	400 mcg	50%
Vitamin B-12 (cyanocobalamin)	6 mg	75%
Biotin	150 mcg	50%
Pantothenic Acid (d-calcium pantothenate)	6 mg	60%
Iron (ferrous sulfate)	17 mg	94%
Iodine (potassium iodide)	140 mcg	93%
Magnesium (oxide)	150 mg	33%
Zinc (oxide)	15 mg	100%
Selenium (amino acid chelate)	30 mcg	*
Copper (cupric oxide)	1 mg	50%

\*Daily Value not established.

**Other Ingredients:** Dicalcium phosphate, microcrystalline cellulose, vegetable stearic acid, vegetable magnesium stearate, croscarmellose sodium and aqueous film coating.



4882-VL1203-60

MULTIVITAMIN FOR EXPECTANT MOTHERS