

Suggested Use: 1 softgel taken 1 to 3 times daily preferably with a meal or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any product.



Made by: **AMVILAB®**

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Fish & Plant Based Essential Oils

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

AMVILAB®

OMEGA 3-6-9

**Fish, Safflower, Borage,
& Flax Seed Oils**

HELPS SUPPORT

**Heart, Brain,
& Joint Health**

**30
SOFTGELS**

**Promotes: Cardiovascular,
Joints & Skin Health; Nervous
System Function and Normal
Immune System Balance.**

Supplement Facts

Serving Size 1 Softgel
Servings Per Container: 30

Amount Per Serving	%Daily Value*	
Calories	10	
Calories from Fat	10	
Total Fat	1g	1%
Polyunsaturated Fat	0.5g	†
Vitamin E (as d-Alpha tocopheryl acetate)	6.7 mg	45%
CLA Complex (80% conjugated linoleic acid from safflower oil)	290 mg	†
GLA Complex (18.5% gamma linolenic acid from borage seed oil)	262 mg	†
ALA Complex (50% alpha linolenic acid from flaxseed oil)	150 mg	†
EPA (Eicosapentaenoic Acid / fish oil)	125 mg	†
DHA (Docosahexaenoic Acid / fish oil)	100 mg	†

*Percent Daily Values are based off a 2000 calorie diet.
†Daily Value not established.

Other ingredients: Gelatin (bovine), glycerin, and purified water.

ALLERGEN WARNING: CONTAINS FISH (ANCHOVIES).

This product is PCB tested and guaranteed to be within Proposition 65 limits.

4882-RVS-258-F-30

DHA, EPA, CLA, GLA, ALA