Being multi-purpose is often a good thing. It means it is adaptable and has a number of different uses. Sometimes, though, you don't need a multi-purpose product - you need a targeted well-formulated product perfectly and specifically designed for your needs. You need something pure.†

For the athlete, that often means a protein supplement free from all admixture and modification. With ISO, Core addresses that need in the only way we know how: expertly and specifically, delivering a protein supplement that tastes amazing, that mixes well, and that is comprised by the highest quality protein available. Our non-GMO, cold-processed, microfiltered whey protein isolate is of utmost quality and tests pure in every important measure.†

If you're a pure athlete, you need a pure protein. You need Core ISO.†

⚠ **WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.

**WARNING:** This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

**DIRECTIONS:** Add 1 scoop to 6-8 ounces of cold water and shake or stir until mixed.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in a U.S. cGMP Facility.
Distributed by: Core Nutritionals, LLC, Statesville, NC 28625.
www.corenutritionals.com, info@corenutritionals.com,
(888) 978-2332.

Crush It.®

>> Protect from heat, light and moisture.
>> Store at 10-25°C (50-77°F)

6 72975 31513 9

CORE NUTRITIONALS®

# ISO

## ULTRA-PURE WHEY PROTEIN ISOLATE

LACTOSE FREE† | GLUTEN FREE† | SOY FREE† | NON-GMO†

**PEANUT BUTTER TOFFEE**

NATURALLY FLAVORED DIETARY SUPPLEMENT

**32 SERVINGS • NET WT. 2 LBS (908.8 G)**

## Supplement Facts

Serving Size: 1 Scoop (28.4g)
Servings Per Container: Approx. 32

| | Amount Per Serving | % DV |
|---|---|---|
| **Calories** | 110 | |
| **Total Fat** | 1 g | 1%* |
| Saturated Fat | 0.4 g | 2%* |
| *Trans* Fat | 0 g | ** |
| **Cholesterol** | 13 mg | 4%* |
| **Total Carbohydrate** | 2 g | 1%* |
| Dietary Fiber | 0.5 g | 2%* |
| Total Sugars | 1.5 g | ** |
| Added Sugars | 0 g | 0%* |
| **Protein** | 24 g | 48%* |
| Calcium | 81 mg | 6%* |
| Iron | 200 mcg | 1%* |
| Sodium | 63 mg | 3%* |
| Potassium | 113 mg | 2%* |

*** Percent Daily Values are based on a 2,000 calorie diet.**
**** Daily Value not established.**

## Typical Amino Acid Profile

| | Amount Per Serving |
|---|---|
| Alanine | 1162 mg |
| Arginine | 752 mg |
| Aspartic Acid | 2486 mg |
| Cysteine | 485 mg |
| Glutamic Acid | 4212 mg |
| Glycine | 477 mg |
| Histidine ǂ | 426 mg |
| Isoleucine ǂǂ | 1322 mg |
| Leucine ǂǂ | 2490 mg |
| Lysine ǂ | 2162 mg |
| Methionine ǂ | 527 mg |
| Phenylalanine ǂ | 759 mg |
| Proline | 1345 mg |
| Serine | 1191 mg |
| Threonine ǂ | 1593 mg |
| Tryptophan ǂǂǂ | 385 mg |
| Tyrosine | 696 mg |
| Valine ǂǂ | 1354 mg |

ǂ Essential Amino Acids
ǂǂ BCAA's
ǂǂǂ The L-Tryptophan indicated is from naturally occurring sources of protein.

**INGREDIENTS:** Cold-Processed Microfiltered Non-GMO Whey Protein Isolate, Peanut Flour, Natural Flavors, Xanthan Gum, Sucralose.

**ALLERGEN INFORMATION:** Contains milk and peanuts. Produced in a facility that uses milk, soy, peanut, tree nut, wheat, egg, fish, and shellfish ingredients.