

Suggested Use: Take 1 capsule twice daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

To Reorder Call: 1-800-644-8327

Website: www.botanicchoice.com

Fenugreek Plus

Digestive Support

120 Capsules

Herbal Supplement

New and Improved!

BOTANIC CHOICE®

From Indiana Botanic Gardens

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Fenugreek seed	500 mg †
Ginger root	50 mg †
Papain 2000 USP units/mg (fruit)	250 mg †
Peppermint leaf	440 mg †
Milk thistle extract (seeds) [Standardized for 80% silymarin (40 mg)]	50 mg †
Chamomile flower	25 mg †
Artichoke flower extract [Standardized for minimum 2.5% caffeoylquinic acids (3.75 mg)]	150 mg †

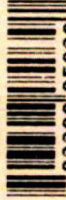
† Daily Value not established.

Other Ingredients: Rice Flour, gelatin, magnesium stearate.

Contains: Soy.

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342



This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.