From a very early age, we all learned about the importance of eating your fruits and vegetables. For some reason, whether it is a taste issue or lack of convenience, in this day and age many people are lacking these precious foods in their diets. With Core GREENS you no longer need to miss out.

With its comprehensive "greens" (and "reds") superfood formula, added probiotic and digestive enzyme blends, and delicious taste, Core GREENS is a convenient and systematic general health and wellness supplement. Providing critical micronutrients and antioxidants that your body needs in a single delicious scoop, Core GREENS was formulated for maximum health benefits. Key ingredients in Core GREENS have been shown to improve a wide range of crucial health measures.

⚠**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product , or if you have any pre-existing medical condition including but not limited to; high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS: Mix 1 scoop with 8-10 ounces of water and consume once per day with or without food.

Crush It!®

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CORE NUTRITIONALS®

GREENS

PREMIUM SUPERFOOD GREENS AND REDS BLEND

PROBIOTICS† | DIGESTIVE ENZYMES†
ANTIOXIDANTS†

CHOCOLATE DECADENCE

NATURALLY & ARTIFICIALLY FLAVORED DIETARY SUPPLEMENT

30 SERVINGS • NET WT. 13.1 OZ (372 G)

Supplement Facts

Serving Size:1 Scoop (12.4 g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	28	
Total Carbohydrates	4 g	1%*
Dietary Fiber	3 g	11%*
Protein	3 g	6%*
Vitamin A (as Palmitate)	900 mcg	100%*
Vitamin C (as Ascorbic Acid)	90 mg	100%*
Vitamin D3 (as Cholecalciferol)	20 mcg	100%*
Vitamin E (as d-alpha-tocopherol acetate)	15 mcg	100%*
Thiamine	1.2 mg	100%*
Riboflavin	1.3 mg	100%*
Niacin	16 mg	100%*
Vitamin B6 (as Pyridoxine Hydrochloride)	1.7 mg	100%*
Folic Acid	400 mcg	100%*
Vitamin B12 (as Methylcobalamin)	2.4 mcg	100%*
Biotin	30 mcg	100%*
Pantothenic Acid	5 mg	100%*
Psyllium Husk 85% (husk)	2400 mg	**
TruServ® (Organic Kale, Organic Broccolli, Organic Spinach)	2000 mg	**
Barley Grass Powder (leaf)	1000 mg	**
Wheat Grass Powder (leaf)	1000 mg	**
Chlorella Powder (Algae)	1000 mg	**
Spirulina Powder (Algae)	1000 mg	**
Spectra™(Green coffee extract, green tea extract, broccoli sprout, onion extract, apple extract, acerola extract, camu camu, quercetin, tomato, broccoli, acai, basil, cinnamon, garlic, oregano, turmeric extract, carrot, elderberry, mangosteen, blackberry, blackcurrant extract, blueberry extract, chokeberry, raspberry, sweet cherry, spinach, kale, bilberry extract, brussels sprout)	100 mg	**
Digestive Enzyme Blend (Protease, Lactase, Amylase, Lipase)	100 mg	**
Probiotic Blend (*Lactobacillus acidophilus, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus plantarum, Lactobacillus rhamnosus, Lactobacillus brevis, Bifidobacterium bifidum, Streptococcus thermophilus, Bifidobacterium lactis, Bifidobacterium longum, FOS.*)	5 Billion CFU	**

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

VERIFIED TruServ® SERVINGS
Spectra®

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OTHER INGREDIENTS: Natural and Artificial Flavors, Silicon Dioxide, Cocoa Powder, Sucralose, Guar Gum.

>> Protect from heat, light and moisture.
>> Store at 10-25°C (50-77°F)

Manufactured in a U.S. cGMP Facility
Distributed by: Core Nutritionals, LLC
Statesville, NC 28625
(888) 978-2332
info@corenutritionals.com
corenutritionals.com

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