

**WARNING:** This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

**DIRECTIONS:** Mix 1 scoop with 8-12 ounces of your favorite beverage. Use twice daily for added results.



☞ Protect from heat, light and moisture.  
☞ Store at 60-75°F (15-23°C)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**⚠ WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).



CORE NUTRITIONALS®

# COLLAGEN

**GRASS FED BOVINE  
COLLAGEN PEPTIDES**

JOINTS<sup>1</sup> | HAIR, SKIN, NAILS<sup>1</sup> | BONES<sup>1</sup>

**DIETARY SUPPLEMENT**  
**NET WT. 1 LB (451 G)**

## Supplement Facts

Serving Size: 1 Scoop (11g)  
Servings Per Container: approx. 41

|                                                    | Amount Per Serving | % DV  |
|----------------------------------------------------|--------------------|-------|
| Calories                                           | 40                 |       |
| Protein                                            | 10 g               | 20%** |
| Calcium                                            | 22 mg              | 1%**  |
| Sodium                                             | 55 mg              | 2%**  |
| Hydrolyzed Collagen Peptides<br>(from bovine hide) | 11 g               | **    |

\* Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Values not established.

**INGREDIENTS:** Hydrolyzed Bovine Collagen Peptides (From Grass-Fed Beef).

## Typical Amino Acid Profile Amount Per Serving

|                 |         |
|-----------------|---------|
| Alanine         | 951 mg  |
| Arginine        | 816 mg  |
| Aspartic Acid   | 571 mg  |
| Glutamic Acid   | 1076 mg |
| Glycine         | 2327 mg |
| Histidine #     | 112mg   |
| Hydroxylysine   | 100 mg  |
| Hydroxyproline  | 1326 mg |
| Isoleucine #    | 150 mg  |
| Leucine #       | 300 mg  |
| Lysine #        | 380 mg  |
| Methionine #    | 76 mg   |
| Ornithine       | 15 mg   |
| Phenylalanine # | 203 mg  |
| Proline         | 1572 mg |
| Serine          | 355 mg  |
| Theonine #      | 200 mg  |
| Tyrosine        | 60 mg   |
| Valine #        | 581 mg  |

# Essential Amino Acids  
# BCAA's

Manufactured in a U.S. cGMP Facility.  
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