

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Keep out of the reach of children.

Formulated For:

VITAMIN DISCOUNT CENTER, LLC

5519 Southern Comfort Blvd. • Tampa, Florida 33634

1-877-832-8722 • VitaminDiscountCenter.com



L·OptiZinc® Zinc 20 mg

Dietary Supplement
100 Tablets

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Zinc (as mono-methionine)*	20 mg	134%

Other Ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, magnesium stearate and silica.

*From L-OptiZinc®, a patented 1:1 complex of zinc and 100% natural methionine, the amino acid that is best absorbed by the body and serves as an antioxidant. Studies show that L-OptiZinc® is absorbed better, retained longer and is more effective than ordinary zinc supplements tested, and resists binding with dietary fiber and phytate, organic compounds that inhibit zinc absorption.

L-OptiZinc® is the only high-potency zinc supplement FDA-approved safe for human nutrition.

L-OptiZinc® brand of zinc mono-methionine (U.S. Patents 4,764,633 and 5,278,329) is a trademark of InterHealth Co.