

Contains No sugar, salt, dairy, wheat, gluten, soy, preservatives, artificial colors or flavors

Suggested Use: As a dietary supplement, adults take one (1) tablet on an empty stomach, with a meal, or as directed by a healthcare professional. Store in a cool, dry place away from direct light.

Each Women's Whole Food Daily Multi contains a proprietary blend of organic red clover, cranberry, red raspberry, shiitake, reishi and maitake; that's designed specifically for women's health.

^ The nutrients in this organic, whole food complex have been cultured in a base of fruits, vegetables & herbs with *Lactobacillus bulgaricus*, *Streptococcus thermophilus* and *Saccharomyces cerevisiae* (yeast). This unique food grown complex provides naturally occurring enzymes, phytonutrients and metabolites for added support.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

NATURAL COLOR VARIATIONS MAY OCCUR
IN THIS PRODUCT

KEEP OUT OF REACH OF CHILDREN.

Formulated For:

VITAMIN DISCOUNT CENTER, LLC

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1-877-832-8722 • VitaminDiscountCenter.com



Women's One Daily

WHOLE FOOD MULTI

Dietary Supplement

90 Tablets

SUPPLEMENT FACTS		Amount Per Serving		% Daily Value
Serving Size 1 Tablet		Per Serving		% Daily Value
Vitamin A	as beta carotene [^]	5,000 IU	100%	
Vitamin C [^]		70 mg	116%	
Vitamin D-3 [^]		400 IU	100%	
Vitamin E [^]		35 IU	116%	
Vitamin K [^]		80 mcg	100%	
Vitamin B-1 [^]		1.5 mg	100%	
Vitamin B-2 [^]		1.7 mg	100%	
Niacin [^]		20 mg	100%	
Vitamin B-6 [^]		2 mg	100%	
Folic acid [^]		800 mcg	200%	
Vitamin B-12 [^]		12 mcg	200%	
Biotin [^]		300 mcg	100%	
Pantothenic acid [^]		10 mg	100%	
Calcium [^]		10 mg	1%	
Iron [^]		3 mg	17%	
Iodine [^]		150 mcg	100%	
Magnesium [^]		10 mg	3%	
Zinc [^]		15 mg	100%	
Selenium [^]		70 mcg	100%	
Copper [^]		2 mg	100%	
Manganese [^]		1 mg	50%	
Chromium [^]		120 mcg	100%	
Molybdenum [^]		75 mcg	100%	
Potassium [^]		3 mg	<1%	
Organic Cultured Women's Herbal Blend (Red Clover, Cranberry, Reishi, Shiitake, Maitake, and Red Raspberry)		32.5 mg*		
Organic Cultured Vegetable Blend (Proprietary blend of Tomato, Pea, Carrot, Spinach and Pepper)		90 mg*		
Organic Cultured Fruit Blend (Proprietary blend of Cherry, Banana, Apple, Strawberry and Blueberry)		70 mg*		
Organic Cultured Sprout Blend (Proprietary blend of Amaranth, Quinoa and Millet)		15 mg*		
Organic Cultured Spice Blend (Proprietary Blend of Cinnamon, Allspice and Clove)		6 mg*		
Essential Glyconutrient Blend (Mannose, galactose, and xylose from Coffea arabica and Aloe barbadensis)		5 mg*		
Daily Value not established				

Other Ingredients: Organic maltodextrin, organic maize flour, organic gum acacia, cellulose gum, vegetable stearin, magnesium stearate and silica.