

Contains No sugar, salt, dairy, wheat, gluten, soy, preservatives, artificial colors or flavors

Suggested Use: As a dietary supplement, adults take one (1) tablet on an empty stomach, with a meal, or as directed by a healthcare professional. Store in a cool, dry place away from direct light.

Each Women's Whole Food Daily Multi contains a proprietary blend of organic red clover, cranberry, red raspberry, shiitake, reishi and maitake; that's designed specifically for women's health.

^ The nutrients in this organic, whole food complex have been cultured in a base of fruits, vegetables & herbs with *Lactobacillus bulgaricus*, *Streptococcus thermophilus* and *Saccharomyces cerevisiae* (yeast). This unique food grown complex provides naturally occurring enzymes, phytonutrients and metabolites for added support.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

NATURAL COLOR VARIATIONS MAY OCCUR
IN THIS PRODUCT

KEEP OUT OF REACH OF CHILDREN.

Formulated For:

VITAMIN DISCOUNT CENTER, LLC

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1-877-832-8722 • VitaminDiscountCenter.com



Women's One Daily

WHOLE FOOD MULTI

Dietary Supplement

60 Tablets

SUPPLEMENT FACTS				
Serving Size 1 Tablet				
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A as beta carotene ^Δ	5,000 IU	100%	Organic Cultured Women's Herbal Blend (Red Clover, Cranberry, Reishi, Shiitake, Maitake, and Red Raspberry)	
Vitamin C ^Δ	70 mg	116%		
Vitamin D-3 ^Δ	400 IU	100%		
Vitamin E ^Δ	35 IU	116%		
Vitamin K ^Δ	80 mcg	100%		
Vitamin B-1 ^Δ	1.5 mg	100%	Organic Cultured Vegetable Blend (Proprietary blend of Tomato, Pea, Carrot, Spinach and Pepper)	
Vitamin B-2 ^Δ	1.7 mg	100%		
Niacin ^Δ	20 mg	100%		
Vitamin B-6 ^Δ	2 mg	100%	Organic Cultured Fruit Blend (Proprietary blend of Cherry, Banana, Apple, Strawberry and Blueberry)	
Folic acid ^Δ	800 mcg	200%		
Vitamin B-12 ^Δ	12 mcg	200%		
Biotin ^Δ	300 mcg	100%	Organic Cultured Sprout Blend (Proprietary blend of Amaranth, Quinoa and Millet)	
Pantothenic acid ^Δ	10 mg	100%		
Calcium ^Δ	10 mg	1%		
Iron ^Δ	3 mg	17%	Organic Cultured Spice Blend (Proprietary Blend of Cinnamon, Allspice and Clove)	
Iodine ^Δ	150 mcg	100%		
Magnesium ^Δ	10 mg	3%		
Zinc ^Δ	15 mg	100%	Essential Glyconutrient Blend (Mannose, galactose, and xylose from <i>Coffea arabica</i> and <i>Aloe barbadensis</i>)	
Selenium ^Δ	70 mcg	100%		
Copper ^Δ	2 mg	100%		
Manganese ^Δ	1 mg	50%		
Chromium ^Δ	120 mcg	100%		
Molybdenum ^Δ	75 mcg	100%	*Daily Value not established	
Potassium ^Δ	3 mg	<1%		

Other Ingredients: Organic maltodextrin, organic maize flour, organic gum acacia, cellulose gum, vegetable stearin, magnesium stearate and silica.