

VITAMIN DISCOUNT CENTER®

Vi-Min Caps

Multiple Vitamins and Minerals
with Chromate® and L-OptiZinc®

Dietary Supplement
120 Capsules

Contains **No** sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one capsule, two (2) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

***From L-OptiZinc®, a patented form of zinc
Chromate® is a patented form of chromium.

Formulated For:

VITAMIN DISCOUNT CENTER, LLC

5519 Southern Comfort Blvd. • Tampa, Florida 33634

1-877-832-8722 • VitaminDiscountCenter.com

SUPPLEMENT FACTS

Serving Size 2 Capsules	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as palmitate)	10,000 IU	200%	Iron**	5 mg 28%
Vitamin A (as beta carotene)	10,000 IU	200%	Zinc (as methionine)***	10 mg 67%
Vitamin C (as ascorbic acid)	225 mg	375%	Manganese**	10 mg 500%
Vitamin C (as ascorbyl palmitate)	25 mg	42%	Copper**	2 mg 100%
Vitamin D (as cholecalciferol)	400 IU	100%	Iodine (nonvegian Kelp)	225 mcg 150%
Vitamin E (as d-alpha)	150 IU	500%	Selenium (as L-selenomethionine)	25 mcg 36%
Vitamin B-1 (as thiamine HCL)	50 mg	3,333%	Chromium (as polynicotinate)†	100 mcg 83%
Vitamin B-2 (as riboflavin)	25 mg	1,470%	Potassium (as citrate)	10 mg 0%
Niacinamide	100 mg	500%	Choline (as bitartrate)	50 mg
Pantothenic Acid	100 mg	1,000%	Inositol (from rice)	50 mg
Vitamin B-6 (as pyridoxine HCL)	20 mg	1,000%	Para amino benzoic acid	25 mg
Vitamin B-6 (as pyridoxal 5 phosphate)	5 mg	250%	Lemon Biotinized Complex	15 mg
Vitamin B-12	200 mcg	3,333%	Citrus Hesperidin Complex	15 mg
Biotin	300 mcg	100%	Quercetin	10 mg
Folic Acid	600 mcg	150%	Betaine HCL	25 mg
Calcium**	25 mg	3%	Bromelain	25 mg
Magnesium***	15 mg	4%	L-Glutamine	25 mg

* Daily Value not established
** As amino acid chelate

Other Ingredients: Capsules (gelatin, glycerin, water), rice powder, silica magnesium stearate, acerola, alfalfa, green cabbage, lecithin, parsley, rice bran, rose hips and watercress. Contains soy.