

Other Ingredients: Softgel (gelatin, glycerin and water), soybean oil, beeswax, carob and lecithin. Contains soy.

**From L-OptiZinc®

***From ChromeMate®

Contains No sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take two (2) softgel capsules daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

**KEEP OUT OF REACH
OF CHILDREN.**

Formulated For:

VITAMIN DISCOUNT CENTER, LLC

5519 Southern Comfort Blvd. • Tampa, Florida 33634

1-877-832-8722 • VitaminDiscountCenter.com



Super Softgel Multi

IRON-FREE

Dietary Supplement
180 Softgels

SUPPLEMENT FACTS

Serving Size 2 Softgel Capsules
Servings Per Container 90

	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (from beta carotene, fish liver oil)	15,000 mcg (25,000 IU)	1,667%	Calcium (as carbonate, citrate)	200 mg 15%
Vitamin C (as ascorbic acid)	325 mg	361%	Iodine (as potassium iodide)	150 mcg 100%
Vitamin D-310 mcg (400 IU) (as cholecalciferol)		50%	Magnesium (as oxide)**	100 mg 24%
Vitamin E 268 mg (400 IU) (as d-alpha tocopherol succinate)		1,787%	Zinc (as monomethionine)**	15 mg 136%
Vitamin B-1 (as thiamin mononitrate)	50 mg	4,167%	Selenium (as selenomethionine)	25 mcg 45%
Vitamin B-2 (as riboflavin)	60 mg	4,615%	Copper (as copper gluconate)	2 mg 222%
Niacin (as niacinamide)	50 mg	313%	Manganese (as gluconate)	4 mg 174%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2,941%	Chromium (as polynicotinate)***	25 mcg 71%
Folate (400 mcg DFE (400 mcg folic acid))	667 mcg DFE	167%	Molybdenum (as amino acid chelate)	25 mcg 56%
Vitamin B-12 (as cyanocobalamin)	75 mcg	3,125%	Inositol	25 mg •
Biotin	300 mcg	1,000%	Boron (as citrate)	50 mcg •
Pantothenic Acid (as d-calcium pantothenate)	40 mg	800%	Vanadium (as vanadyl sulfate)	5 mg •
Choline Bitartrate	25 mg	5%	Citrus Bioflavonoids	25 mg •

*Daily Value not established